

1

00:00:00,000 --> 00:00:02,583  
(upbeat music)

2

00:00:08,940 --> 00:00:10,860  
- Hey everyone and thanks for joining us

3

00:00:10,860 --> 00:00:12,720  
for Conversations at the Perimeter.

4

00:00:12,720 --> 00:00:15,090  
I'm Colin, and as always  
I'm here with Lauren.

5

00:00:15,090 --> 00:00:16,170  
- Hi, everyone.

6

00:00:16,170 --> 00:00:17,490  
- And on this episode we had

7

00:00:17,490 --> 00:00:20,070  
the pleasure of chatting  
with Pedro Vieira,

8

00:00:20,070 --> 00:00:22,470  
who holds the Clay  
Riddell Paul Dirac Chair

9

00:00:22,470 --> 00:00:24,810  
in theoretical physics here at Perimeter.

10

00:00:24,810 --> 00:00:27,690  
And Pedro is also an expert  
in quantum field theory,

11

00:00:27,690 --> 00:00:30,690  
which is something that  
I am most definitely not.

12

00:00:30,690 --> 00:00:31,523

As you'll hear,

13

00:00:31,523 --> 00:00:33,990

both Lauren and I had some apprehensions

14

00:00:33,990 --> 00:00:36,450

about discussing such  
a complicated subject,

15

00:00:36,450 --> 00:00:38,910

but Pedro immediately put us at ease.

16

00:00:38,910 --> 00:00:41,220

- I've actually worked with  
Pedro a few times over the years

17

00:00:41,220 --> 00:00:43,170

to create courses for graduate students

18

00:00:43,170 --> 00:00:44,850

and I even took one of his courses back

19

00:00:44,850 --> 00:00:45,990

when I was a student.

20

00:00:45,990 --> 00:00:47,850

So I've seen him explain technical

21

00:00:47,850 --> 00:00:50,190

mathematical concepts many times,

22

00:00:50,190 --> 00:00:52,350

but in this conversation you'll experience

23

00:00:52,350 --> 00:00:54,120

something pretty different from that.

24

00:00:54,120 --> 00:00:56,520  
Pedro takes some of those same concepts

25  
00:00:56,520 --> 00:00:57,960  
from these graduate courses,

26  
00:00:57,960 --> 00:01:00,960  
but he paints some amazing  
non-technical mental pictures

27  
00:01:00,960 --> 00:01:03,720  
for us with no mathematical  
background required.

28  
00:01:03,720 --> 00:01:05,400  
- Yeah, you'll hear Pedro describe

29  
00:01:05,400 --> 00:01:07,680  
some really esoteric ideas in physics

30  
00:01:07,680 --> 00:01:11,111  
like quantum field theory and  
holography and black holes,

31  
00:01:11,111 --> 00:01:13,890  
but he describes them  
in terms of sculptures

32  
00:01:13,890 --> 00:01:16,315  
and maps and bouncing red balls.

33  
00:01:16,315 --> 00:01:18,120  
And as he was describing

34  
00:01:18,120 --> 00:01:20,160  
how our universe could be a hologram,

35  
00:01:20,160 --> 00:01:22,800  
I could actually see a mental

picture forming in my brain

36

00:01:22,800 --> 00:01:24,840  
where there hadn't been  
a mental picture before.

37

00:01:24,840 --> 00:01:27,300  
– Pedro also talks about  
how he finds great joy

38

00:01:27,300 --> 00:01:28,770  
in sharing science with others,

39

00:01:28,770 --> 00:01:31,680  
both here at Perimeter  
and in Brazil at the ICTP,

40

00:01:31,680 --> 00:01:35,190  
South American Institute for  
Fundamental Research or SAIFR,

41

00:01:35,190 --> 00:01:36,780  
which he helped to launch.

42

00:01:36,780 --> 00:01:39,510  
And he even gives a theoretical  
physicist perspective on

43

00:01:39,510 --> 00:01:42,480  
why you may or may not want  
to keep your room messy.

44

00:01:42,480 --> 00:01:44,400  
We talk about some complicated stuff here,

45

00:01:44,400 --> 00:01:46,020  
but Pedro really makes it fun.

46

00:01:46,020 --> 00:01:48,903

So let's step inside the  
perimeter with Pedro Vieira.

47

00:01:51,600 --> 00:01:53,850

Hi Pedro, thank you so  
much for joining us today

48

00:01:53,850 --> 00:01:55,950

on Conversations at the Perimeter.

49

00:01:55,950 --> 00:01:56,783

- Thank you.

50

00:01:56,783 --> 00:01:57,616

Thank you for having me.

51

00:01:57,616 --> 00:01:58,470

It's fun to be here.

52

00:01:58,470 --> 00:01:59,880

- I wanna start by admitting

53

00:01:59,880 --> 00:02:02,730

I was a little bit nervous  
to interview today,

54

00:02:02,730 --> 00:02:06,420

you today at first because  
a lot of your work relies

55

00:02:06,420 --> 00:02:09,690

on quantum field theory and as a teacher

56

00:02:09,690 --> 00:02:12,060

of some subjects like that,

57

00:02:12,060 --> 00:02:14,700

I'm may be used to a  
different pedagogical approach

58

00:02:14,700 --> 00:02:17,790

where one might first take  
an undergraduate degree

59

00:02:17,790 --> 00:02:21,030

in physics study some classical mechanics,

60

00:02:21,030 --> 00:02:22,500

special relativity,

61

00:02:22,500 --> 00:02:24,840

take a graduate course  
in quantum mechanics

62

00:02:24,840 --> 00:02:28,050

before even mentioning the  
term quantum field theory.

63

00:02:28,050 --> 00:02:29,760

But of course, we're not gonna walk

64

00:02:29,760 --> 00:02:32,370

through all of those prerequisites today.

65

00:02:32,370 --> 00:02:34,230

So I thought, how are we gonna talk

66

00:02:34,230 --> 00:02:36,270

about Pedro's work with all of those

67

00:02:36,270 --> 00:02:37,500

things that usually come before?

68

00:02:37,500 --> 00:02:38,333

But you know,

69

00:02:38,333 --> 00:02:40,350

we had a conversation  
with you and you were

70

00:02:40,350 --> 00:02:42,180  
so great at explaining what you do.

71

00:02:42,180 --> 00:02:43,110  
So now I'm not nervous,

72

00:02:43,110 --> 00:02:45,630  
I'm just excited to hear  
how you're gonna explain

73

00:02:45,630 --> 00:02:47,580  
all of these complicated concepts.

74

00:02:47,580 --> 00:02:49,620  
And so maybe we can  
just start by asking you

75

00:02:49,620 --> 00:02:51,180  
what is a quantum field

76

00:02:51,180 --> 00:02:53,610  
and what is quantum field theory?

77

00:02:53,610 --> 00:02:55,230  
- In physics, the two main theories

78

00:02:55,230 --> 00:02:57,210  
that describe physics as you said,

79

00:02:57,210 --> 00:02:59,790  
are quantum mechanics and the relativity.

80

00:02:59,790 --> 00:03:00,777  
So those if you want,

81

00:03:00,777 --> 00:03:05,460  
are the very basic  
principles of all of physics.

82  
00:03:05,460 --> 00:03:07,950  
So relativity tells us about space

83  
00:03:07,950 --> 00:03:11,490  
and time and how things  
behave in space and time.

84  
00:03:11,490 --> 00:03:13,980  
It even tells us what is space and time.

85  
00:03:13,980 --> 00:03:16,590  
I mean how space can  
become time and how time

86  
00:03:16,590 --> 00:03:19,200  
can become space and how  
do we measure distances,

87  
00:03:19,200 --> 00:03:21,000  
how do we measure times,

88  
00:03:21,000 --> 00:03:23,820  
and what are points in space and time?

89  
00:03:23,820 --> 00:03:27,717  
Where do things happen and when  
do things happen and so on.

90  
00:03:27,717 --> 00:03:30,930  
And quantum mechanics is the  
theory that describes particles

91  
00:03:30,930 --> 00:03:34,680  
that describes the most fundamental  
objects of the universe,



92

00:03:34,680 --> 00:03:38,310  
our microscopic particles  
that move in this space-time.

93

00:03:38,310 --> 00:03:41,250  
And what we understood is  
that one way of understanding

94

00:03:41,250 --> 00:03:43,620  
what are particles that  
move in this space-time

95

00:03:43,620 --> 00:03:47,850  
is by imagining there there  
is this fluid like quantity,

96

00:03:47,850 --> 00:03:52,850  
this field that permeates  
all of space-time.

97

00:03:52,860 --> 00:03:55,050  
So a field is just a way of assigning

98

00:03:55,050 --> 00:03:59,160  
to each point of space  
and time, some quantity.

99

00:03:59,160 --> 00:04:02,040  
That quantity could be  
the temperature in a room

100

00:04:02,040 --> 00:04:05,070  
to each point in the room  
there is a temperature.

101

00:04:05,070 --> 00:04:07,890  
It can be the velocity of  
water inside a swimming pool.

102

00:04:07,890 --> 00:04:09,510  
To each point inside the swimming pool,

103  
00:04:09,510 --> 00:04:11,580  
there is a velocity of water there.

104  
00:04:11,580 --> 00:04:14,130  
It can be the magnetic  
field in the universe.

105  
00:04:14,130 --> 00:04:17,340  
To each point around around  
us there is a magnetic field,

106  
00:04:17,340 --> 00:04:21,750  
stronger close to the sun  
and weaker farther away.

107  
00:04:21,750 --> 00:04:22,710  
And in particular,

108  
00:04:22,710 --> 00:04:26,670  
particles themselves are  
excitations of fields.

109  
00:04:26,670 --> 00:04:29,010  
You can imagine that all

110  
00:04:29,010 --> 00:04:31,740  
our fundamental particles are understood,

111  
00:04:31,740 --> 00:04:35,850  
they're small waves of fields  
that permeate the universe.

112  
00:04:35,850 --> 00:04:38,760  
And so field theory is the  
language that puts together

113

00:04:38,760 --> 00:04:40,680  
quantum mechanics and relativity.

114  
00:04:40,680 --> 00:04:42,000  
It's all about space-time.

115  
00:04:42,000 --> 00:04:45,360  
It's all about this  
arena where things move.

116  
00:04:45,360 --> 00:04:48,180  
And it describes not only  
the arena where things move,

117  
00:04:48,180 --> 00:04:49,830  
but the things that move themselves

118  
00:04:49,830 --> 00:04:54,830  
as excitations of some kind  
of a field like object.

119  
00:04:54,990 --> 00:04:58,470  
We can picture it as like a  
membrane that can be still.

120  
00:04:58,470 --> 00:05:01,020  
And then there are some small  
ripples of this membrane,

121  
00:05:01,020 --> 00:05:02,970  
of this shape that move around.

122  
00:05:02,970 --> 00:05:04,920  
And these small ripples are particles

123  
00:05:04,920 --> 00:05:07,380  
that make us and the universe.

124  
00:05:07,380 --> 00:05:09,990

– And what is quantum  
about this description?

125

00:05:09,990 --> 00:05:13,200

– So quantum mechanics is  
the theory of the world,

126

00:05:13,200 --> 00:05:14,880  
of the world of particles.

127

00:05:14,880 --> 00:05:18,660  
And the very basic feature  
of nature and of quantum

128

00:05:18,660 --> 00:05:23,660  
mechanics is the idea that  
many things can happen at once.

129

00:05:26,310 --> 00:05:29,520  
When a particle moves  
from a point to another,

130

00:05:29,520 --> 00:05:31,740  
what's actually happening  
is that the particle

131

00:05:31,740 --> 00:05:35,013  
is going through all possible  
trajectories at once.

132

00:05:35,970 --> 00:05:37,620  
And that's very surprising

133

00:05:37,620 --> 00:05:40,410  
because that's not what we  
see in our day to day, right?

134

00:05:40,410 --> 00:05:42,450  
We throw a ball and the ball goes along

135

00:05:42,450 --> 00:05:46,140  
some trajectory and I throw  
the ball, you catch the ball,

136

00:05:46,140 --> 00:05:47,160  
you throw the ball back to me,

137

00:05:47,160 --> 00:05:49,500  
we don't see the ball  
going in all direction.

138

00:05:49,500 --> 00:05:52,830  
And the reason is just that  
the most important trajectories

139

00:05:52,830 --> 00:05:55,320  
dominate the physics,  
they dominate the process,

140

00:05:55,320 --> 00:05:56,490  
they are more important.

141

00:05:56,490 --> 00:05:58,770  
And when you compute indeed,

142

00:05:58,770 --> 00:06:01,865  
you realize that there  
are some trajectories,

143

00:06:01,865 --> 00:06:02,698  
some classical things that are happening

144

00:06:02,698 --> 00:06:04,920  
that are much more important than others.

145

00:06:04,920 --> 00:06:06,510  
But strictly speaking,

146

00:06:06,510 --> 00:06:09,060  
and in particular when you  
go to the microscopic world,

147  
00:06:09,060 --> 00:06:10,560  
all these things that can happen

148  
00:06:10,560 --> 00:06:12,810  
are happening at the same  
time and they matter.

149  
00:06:12,810 --> 00:06:14,550  
And so when you have these fields

150  
00:06:14,550 --> 00:06:17,460  
that describe these particles,  
these fields are not quiet,

151  
00:06:17,460 --> 00:06:20,460  
they are not just some boring  
membrane that is still.

152  
00:06:20,460 --> 00:06:21,840  
And then there is a particle here

153  
00:06:21,840 --> 00:06:24,300  
that's moving and  
following a straight line.

154  
00:06:24,300 --> 00:06:26,850  
These fields are vibrating  
and these vibrations

155  
00:06:26,850 --> 00:06:29,280  
are what we call quantum  
mechanical vibrations.

156  
00:06:29,280 --> 00:06:30,750  
Many things are happening at once

157

00:06:30,750 --> 00:06:33,510  
and in fact everything is  
happening at the same time.

158

00:06:33,510 --> 00:06:35,970  
And these particles are all  
interacting with each other,

159

00:06:35,970 --> 00:06:38,190  
moving in all possible trajectories,

160

00:06:38,190 --> 00:06:39,810  
throwing particles at each other.

161

00:06:39,810 --> 00:06:41,370  
That's how particles interact.

162

00:06:41,370 --> 00:06:44,217  
Particles deflect because  
they throw stuff at each other

163

00:06:44,217 --> 00:06:46,770  
and so they are coming into collision,

164

00:06:46,770 --> 00:06:48,990  
but they throw stuff at  
each other and they deviate

165

00:06:48,990 --> 00:06:50,850  
and they deflect and they  
interact with each other.

166

00:06:50,850 --> 00:06:52,230  
And that's how nature works.

167

00:06:52,230 --> 00:06:54,180  
This might start to look very complicated.

168

00:06:54,180 --> 00:06:56,850  
How are we going to  
describe things that happen?

169  
00:06:56,850 --> 00:06:58,560  
If I tell you that to  
describe what happens,

170  
00:06:58,560 --> 00:07:00,450  
you have to describe  
everything that can happen.

171  
00:07:00,450 --> 00:07:02,610  
– That sounds impossibly complicated.

172  
00:07:02,610 --> 00:07:04,560  
– It sounds complicated.

173  
00:07:04,560 --> 00:07:07,440  
And the way out is because as I said,

174  
00:07:07,440 --> 00:07:10,020  
there are things that  
matter more than others.

175  
00:07:10,020 --> 00:07:13,467  
When you throw a particle in  
the middle of empty space,

176  
00:07:13,467 --> 00:07:16,200  
the thing that matters most  
is when the particle goes

177  
00:07:16,200 --> 00:07:19,080  
in a straight line from  
point A to point B.

178  
00:07:19,080 --> 00:07:20,880  
Then there are other  
things that can happen.



179  
00:07:20,880 --> 00:07:24,210  
The particle can emit some other particle

180  
00:07:24,210 --> 00:07:26,550  
that can be absorbed later and so on.

181  
00:07:26,550 --> 00:07:28,740  
But that, it's a little bit less likely

182  
00:07:28,740 --> 00:07:30,450  
and it can emit two or three particles

183  
00:07:30,450 --> 00:07:32,250  
and that's even less likely.

184  
00:07:32,250 --> 00:07:36,270  
And there is an notion in  
physics of the coupling

185  
00:07:36,270 --> 00:07:39,120  
and the coupling is it's what quantifies,

186  
00:07:39,120 --> 00:07:42,300  
how much of these quantum  
fluctuations are going on?

187  
00:07:42,300 --> 00:07:44,100  
Are you studying a system where the,

188  
00:07:44,100 --> 00:07:46,170  
where if you want the coupling is small,

189  
00:07:46,170 --> 00:07:47,910  
where this quantum effects are small

190  
00:07:47,910 --> 00:07:51,990  
and where things are not

as bubbly as they could be?

191

00:07:51,990 --> 00:07:54,420

Or are you studying something  
where the coupling is big

192

00:07:54,420 --> 00:07:56,970

and really everything is  
happening at the same time?

193

00:07:56,970 --> 00:07:58,590

And most things we study,

194

00:07:58,590 --> 00:08:02,370

the coupling is small and  
not much is happening.

195

00:08:02,370 --> 00:08:05,610

And yet that describes  
most of what we see.

196

00:08:05,610 --> 00:08:07,410

Take for example, light.

197

00:08:07,410 --> 00:08:10,290

Light for the most part  
just goes straight.

198

00:08:10,290 --> 00:08:12,420

We turn on a flashlight  
and what's happening

199

00:08:12,420 --> 00:08:14,820

is that a gazillion photons are going

200

00:08:14,820 --> 00:08:16,647

from the flashlight to the wall.

201

00:08:16,647 --> 00:08:17,480

- Is that the actual number?

202

00:08:17,480 --> 00:08:18,420

- Yeah.

- Give or take.

203

00:08:18,420 --> 00:08:19,865

- Maybe three or four.

204

00:08:19,865 --> 00:08:20,730

- Got it.

205

00:08:20,730 --> 00:08:22,200

- So three or four gazillion

206

00:08:22,200 --> 00:08:25,126

go from the flashlight to the wall.

207

00:08:25,126 --> 00:08:27,270

And what do they do as they travel?

208

00:08:27,270 --> 00:08:29,160

They go all together, right?

209

00:08:29,160 --> 00:08:34,160

Quiet, like very respectful  
photons all by each other.

210

00:08:34,920 --> 00:08:36,210

And they just go and they go

211

00:08:36,210 --> 00:08:37,260

from the flashlight to the wall.

212

00:08:37,260 --> 00:08:38,640

They are not struggling,

213

00:08:38,640 --> 00:08:40,890

they are not fighting with  
each other as they go.

214  
00:08:40,890 --> 00:08:42,330  
They're not like a bunch of hooligans.

215  
00:08:42,330 --> 00:08:44,550  
They're really going calmly

216  
00:08:44,550 --> 00:08:46,200  
from the flashlight to the wall.

217  
00:08:46,200 --> 00:08:48,810  
And so that's an example  
where not much is going on.

218  
00:08:48,810 --> 00:08:50,670  
So it's true that to describe the photons,

219  
00:08:50,670 --> 00:08:52,200  
we don't describe just a straight line

220  
00:08:52,200 --> 00:08:53,430  
from the flashlight to the wall.

221  
00:08:53,430 --> 00:08:54,750  
We describe the other trajectories,

222  
00:08:54,750 --> 00:08:57,090  
but they really matter very little.

223  
00:08:57,090 --> 00:09:00,600  
And so that's an example of a  
system that is weakly coupled.

224  
00:09:00,600 --> 00:09:02,280  
So the photons, they also interact.

225

00:09:02,280 --> 00:09:03,330

They interact with the air,

226

00:09:03,330 --> 00:09:05,640

they heat the light ones in the air.

227

00:09:05,640 --> 00:09:08,640

That's why we see the  
light when the light,

228

00:09:08,640 --> 00:09:11,190

because it's from time to  
time heating some particles

229

00:09:11,190 --> 00:09:13,380

in the air and being  
deflected into our eyes.

230

00:09:13,380 --> 00:09:14,250

But for the most part,

231

00:09:14,250 --> 00:09:15,900

most of the light goes from the flashlight

232

00:09:15,900 --> 00:09:18,150

and we see just a spot  
of light on the wall.

233

00:09:18,150 --> 00:09:21,030

And so when things don't interact much,

234

00:09:21,030 --> 00:09:24,660

this taking into account all  
the possibility in practice

235

00:09:24,660 --> 00:09:27,920

means taking account a few  
possibilities because not man,

236

00:09:27,920 --> 00:09:30,390  
the craziest ones don't matter.

237  
00:09:30,390 --> 00:09:33,570  
We don't consider the  
trajectory of a photon

238  
00:09:33,570 --> 00:09:34,590  
where the photon and instead

239  
00:09:34,590 --> 00:09:36,480  
of going photon are particles of light.

240  
00:09:36,480 --> 00:09:37,650  
When the particles of light go

241  
00:09:37,650 --> 00:09:39,900  
from the flashlight to the wall,

242  
00:09:39,900 --> 00:09:42,090  
if instead of going directly it first goes

243  
00:09:42,090 --> 00:09:43,770  
around the room and then it goes,

244  
00:09:43,770 --> 00:09:46,500  
that's going to be an  
irrelevant contribution

245  
00:09:46,500 --> 00:09:47,910  
to what's going on.

246  
00:09:47,910 --> 00:09:49,890  
Now that's not always the case.

247  
00:09:49,890 --> 00:09:54,683  
So sometimes there are situations  
in physics where really

248

00:09:55,590 --> 00:09:57,360

this craziness of quantum mechanics

249

00:09:57,360 --> 00:10:01,080

where everything is going on  
at the same time matters a lot.

250

00:10:01,080 --> 00:10:03,360

And an example is what  
happens inside the nucleus.

251

00:10:03,360 --> 00:10:04,530

Inside the nucleus.

252

00:10:04,530 --> 00:10:06,810

We also have particles like photons.

253

00:10:06,810 --> 00:10:08,250

What do I mean by like photons?

254

00:10:08,250 --> 00:10:09,990

It's particles that don't have mass

255

00:10:09,990 --> 00:10:11,130

that are very, very light.

256

00:10:11,130 --> 00:10:13,740

They are called gluons instead of photons.

257

00:10:13,740 --> 00:10:15,810

And the main difference between the gluons

258

00:10:15,810 --> 00:10:19,200

and the photons is that  
the gluons, when they move,

259

00:10:19,200 --> 00:10:21,660

if I had a flashlight of

gluons and even if I would turn

260

00:10:21,660 --> 00:10:24,930  
on my flashlight instead  
of the gluons propagating

261

00:10:24,930 --> 00:10:26,040  
from the flashlight to the wall,

262

00:10:26,040 --> 00:10:28,080  
they would start fighting with each other.

263

00:10:28,080 --> 00:10:29,880  
They would start of having these brawls

264

00:10:29,880 --> 00:10:33,270  
and fighting and making  
balls of energy of gluons.

265

00:10:33,270 --> 00:10:37,200  
And they would end up being  
stuck in this big, big fight,

266

00:10:37,200 --> 00:10:38,790  
and this by this fight,

267

00:10:38,790 --> 00:10:40,680  
I mean all these quantum effects going on.

268

00:10:40,680 --> 00:10:44,430  
– I want that gluon flashlight,  
that sounds fascinating.

269

00:10:44,430 --> 00:10:45,750  
– That's what keeps us,

270

00:10:45,750 --> 00:10:49,560  
that's what makes us  
alive because the gluons,



271

00:10:49,560 --> 00:10:51,780  
the name gluons comes from glue.

272

00:10:51,780 --> 00:10:56,070  
And what they do is this crazy  
fight of the gluons is what

273

00:10:56,070 --> 00:10:58,800  
keeps the constituents  
of the nucleus together.

274

00:10:58,800 --> 00:11:00,210  
So you could imagine that you put many,

275

00:11:00,210 --> 00:11:02,853  
many protons together at  
the center of our atom,

276

00:11:03,840 --> 00:11:06,210  
and the protons, they  
have all positive charge.

277

00:11:06,210 --> 00:11:07,650  
Why would they want to be together?

278

00:11:07,650 --> 00:11:08,610  
They don't, right?

279

00:11:08,610 --> 00:11:09,750  
They hate each other.

280

00:11:09,750 --> 00:11:12,210  
Particles with positive  
charge, they repel.

281

00:11:12,210 --> 00:11:13,677  
So you put a bunch of protons together,

282

00:11:13,677 --> 00:11:15,600  
the first thing they  
want to do is each one,

283

00:11:15,600 --> 00:11:16,440  
they want to go apart.

284

00:11:16,440 --> 00:11:20,460  
And yet our nucleus is full  
of a bunch of protons, right?

285

00:11:20,460 --> 00:11:21,510  
So what is happening?

286

00:11:21,510 --> 00:11:22,343  
Who is keeping them?

287

00:11:22,343 --> 00:11:23,340  
They want to fly apart,

288

00:11:23,340 --> 00:11:26,460  
but all these gluons are there  
fighting with each other.

289

00:11:26,460 --> 00:11:27,960  
And so the protons cannot get away

290

00:11:27,960 --> 00:11:29,550  
because they're in the  
middle of this fight.

291

00:11:29,550 --> 00:11:30,600  
They're just looking, oh my God,

292

00:11:30,600 --> 00:11:32,040  
let me stay here.

293

00:11:32,040 --> 00:11:34,080

'Cause there is all these  
gluon fight around them.

294

00:11:34,080 --> 00:11:36,000  
And by this fight I mean that the gluons

295

00:11:36,000 --> 00:11:37,380  
are behaving all possible ways.

296

00:11:37,380 --> 00:11:38,310  
Everything is happening.

297

00:11:38,310 --> 00:11:39,960  
They are moving left,  
they're moving right.

298

00:11:39,960 --> 00:11:42,090  
They're moving up, down  
all at the same time.

299

00:11:42,090 --> 00:11:43,260  
And we really need to take

300

00:11:43,260 --> 00:11:45,180  
all these quantum effects into account.

301

00:11:45,180 --> 00:11:47,670  
– Another way to say this is  
that they're strongly coupled.

302

00:11:47,670 --> 00:11:49,410  
– And that's another way,  
they're strongly coupled.

303

00:11:49,410 --> 00:11:51,730  
So the probability of  
the gluon going straight

304

00:11:52,573 --> 00:11:54,900

is as likely as the gluon  
splitting into two gluons

305

00:11:54,900 --> 00:11:56,700  
or turning right or turning left.

306

00:11:56,700 --> 00:11:58,260  
And everything matters at the same time.

307

00:11:58,260 --> 00:12:01,200  
And it's not true like with  
the photons that you just

308

00:12:01,200 --> 00:12:03,400  
consider something simple  
like going straight

309

00:12:03,400 --> 00:12:04,800  
and the rest doesn't matter.

310

00:12:04,800 --> 00:12:06,450  
That's not true with gluons.

311

00:12:06,450 --> 00:12:08,700  
And that means that when you stay,

312

00:12:08,700 --> 00:12:10,470  
the world is described  
by quantum field theory.

313

00:12:10,470 --> 00:12:11,700  
That's totally true.

314

00:12:11,700 --> 00:12:13,350  
But quantum field theory gets split

315

00:12:13,350 --> 00:12:15,180  
into two quantum field theories.

316

00:12:15,180 --> 00:12:17,370  
If you want, you can call it  
the easy one and the hard one.

317

00:12:17,370 --> 00:12:19,328  
- I'll go for the easy one, please.

318

00:12:19,328 --> 00:12:20,161  
- Yeah.

319

00:12:20,161 --> 00:12:23,460  
When the coupling is small,  
you get the easy one.

320

00:12:23,460 --> 00:12:26,280  
Somethings happen but not much.

321

00:12:26,280 --> 00:12:29,100  
You can control what's  
going on and you can compute

322

00:12:29,100 --> 00:12:31,920  
what's going on and improve  
slowly your computation.

323

00:12:31,920 --> 00:12:35,040  
You can say the particles  
of light go straight plus

324

00:12:35,040 --> 00:12:36,930  
a small deviation plus a small deviation,

325

00:12:36,930 --> 00:12:37,800  
plus a small deviation.

326

00:12:37,800 --> 00:12:40,320  
And step by step you  
improve your calculation.

327

00:12:40,320 --> 00:12:42,270

So in school you learn some, you learn,

328

00:12:42,270 --> 00:12:43,410

then you go to graduate school,

329

00:12:43,410 --> 00:12:45,690

you learn how to correct

it a little bit more

330

00:12:45,690 --> 00:12:47,130

and you keep improving.

331

00:12:47,130 --> 00:12:48,060

And this is fantastic.

332

00:12:48,060 --> 00:12:50,880

It works amazingly and

in many, many situations.

333

00:12:50,880 --> 00:12:52,530

It's what allows us to test physics

334

00:12:52,530 --> 00:12:54,564

with this crazy number of precisions

335

00:12:54,564 --> 00:12:55,950

where we have all this analogies

336

00:12:55,950 --> 00:12:57,369

that we measure instances

337

00:12:57,369 --> 00:12:59,592

in particle physics within the precision

338

00:12:59,592 --> 00:13:02,280

of an error and stuff like this.

339

00:13:02,280 --> 00:13:05,490

But sometimes when quantum  
effects are strong,

340

00:13:05,490 --> 00:13:08,010

sometimes we have a qualitative  
picture of what's going on.

341

00:13:08,010 --> 00:13:10,950

We kind of understand in  
cartoonish terms what's going on.

342

00:13:10,950 --> 00:13:13,170

We understand the protons  
they need to be stuck there

343

00:13:13,170 --> 00:13:15,090

because all these gluons are  
fighting with each other.

344

00:13:15,090 --> 00:13:16,770

But this is a cartoonish picture, right?

345

00:13:16,770 --> 00:13:18,330

I'm speaking with my hands literally

346

00:13:18,330 --> 00:13:20,880

right in in saying this.

347

00:13:20,880 --> 00:13:22,560

Now if you want to ask me, okay,

348

00:13:22,560 --> 00:13:25,350

given that you know that gluons  
interact in this crazy way

349

00:13:25,350 --> 00:13:30,210

and that they hold the protons  
together, can you from that,

350  
00:13:30,210 --> 00:13:32,100  
and even they allow the proton to exist

351  
00:13:32,100 --> 00:13:33,720  
because the proton itself is made out

352  
00:13:33,720 --> 00:13:35,940  
of these quarks and quarks,

353  
00:13:35,940 --> 00:13:38,067  
they also like to get away from each other

354  
00:13:38,067 --> 00:13:39,570  
and it's the gluons that keep

355  
00:13:39,570 --> 00:13:41,520  
the constituents of the proton together.

356  
00:13:41,520 --> 00:13:43,530  
So given that gluons are so important

357  
00:13:43,530 --> 00:13:46,200  
in maintaining the stability of matter,

358  
00:13:46,200 --> 00:13:48,547  
can you from the dynamics of the gluons,

359  
00:13:48,547 --> 00:13:50,790  
tell me what's the mass of the proton?

360  
00:13:50,790 --> 00:13:53,340  
Tell me about this fundamental properties.

361  
00:13:53,340 --> 00:13:54,870  
And the answer for the most part,

362



00:13:54,870 --> 00:13:57,300  
for these very tough questions  
that involve controlling

363  
00:13:57,300 --> 00:14:01,680  
strong coupling is no, our  
mathematics is not good enough.

364  
00:14:01,680 --> 00:14:05,940  
I cannot sit with a piece  
of empty paper and start my

365  
00:14:05,940 --> 00:14:08,940  
computation, step one,  
the gluon, da, da, da,

366  
00:14:08,940 --> 00:14:10,200  
compute, compute, compute.

367  
00:14:10,200 --> 00:14:11,730  
And at the end give you  
the mass of the proton

368  
00:14:11,730 --> 00:14:12,690  
at the end of the page

369  
00:14:12,690 --> 00:14:15,390  
or at the end of 20 pages or 50 pages.

370  
00:14:15,390 --> 00:14:16,223  
That's not possible.

371  
00:14:16,223 --> 00:14:18,450  
We don't know how to  
do these computations,

372  
00:14:18,450 --> 00:14:21,480  
and that means we need to  
develop these new tools.

373

00:14:21,480 --> 00:14:25,080

So we need to understand quantum  
fields when they are easy,

374

00:14:25,080 --> 00:14:26,970

but that we kind of understand

375

00:14:26,970 --> 00:14:29,000

it's just about computing more and more.

376

00:14:29,000 --> 00:14:32,143

So you suffer and you  
get three decimal places

377

00:14:32,143 --> 00:14:33,513

and you suffer more and you get

378

00:14:33,513 --> 00:14:35,610

four decimal places and you suffer

379

00:14:35,610 --> 00:14:37,410

even more and you get five decimal places.

380

00:14:37,410 --> 00:14:40,890

And the more you suffer, the  
more decimal places you get.

381

00:14:40,890 --> 00:14:42,540

And then you have the  
hard quantum field theory

382

00:14:42,540 --> 00:14:43,890

that is not even about suffering.

383

00:14:43,890 --> 00:14:45,750

It's that you don't know where to start

384

00:14:45,750 --> 00:14:47,610

because everything matters.

385

00:14:47,610 --> 00:14:48,900

I need to compute everything.

386

00:14:48,900 --> 00:14:50,070

How do I compute everything?

387

00:14:50,070 --> 00:14:51,270

I dunno how to compute everything.

388

00:14:51,270 --> 00:14:52,650

And you need new tools.

389

00:14:52,650 --> 00:14:54,450

And some of these tools are, for example,

390

00:14:54,450 --> 00:14:57,367

using computers like  
what you learn and do.

391

00:14:58,800 --> 00:15:01,770

And some other tools  
could be trying to develop

392

00:15:01,770 --> 00:15:03,480

what could be the new ways of thinking

393

00:15:03,480 --> 00:15:07,980

about quantum fields  
that allow me to develop

394

00:15:07,980 --> 00:15:11,010

some techniques for  
studying what could happen

395

00:15:11,010 --> 00:15:12,360

in these crazy situations

396  
00:15:12,360 --> 00:15:15,131  
where quantum mechanics is so strong.

397  
00:15:15,131 --> 00:15:16,170  
And by the way,

398  
00:15:16,170 --> 00:15:17,520  
typically that also means

399  
00:15:17,520 --> 00:15:19,980  
that relativity effects are very important

400  
00:15:19,980 --> 00:15:21,720  
because when things are happening

401  
00:15:21,720 --> 00:15:23,220  
a lot at these very high energies

402  
00:15:23,220 --> 00:15:24,300  
and things are vibrating a lot,

403  
00:15:24,300 --> 00:15:25,650  
they're moving very fast.

404  
00:15:25,650 --> 00:15:26,940  
And when things are moving very fast

405  
00:15:26,940 --> 00:15:28,380  
is when relativity is important,

406  
00:15:28,380 --> 00:15:30,750  
when space and time get  
entangled with each other.

407  
00:15:30,750 --> 00:15:32,775  
– So both quantum theory  
and relativity are at play.

408

00:15:32,775 --> 00:15:35,460

- Both quantum theory and  
relativity are at play.

409

00:15:35,460 --> 00:15:37,290

Everything is happening at the same time.

410

00:15:37,290 --> 00:15:40,290

We need new rules, we  
need new ideas to think.

411

00:15:40,290 --> 00:15:42,360

And I would say that's one  
of the key things we try

412

00:15:42,360 --> 00:15:43,920

to do at PI is understand

413

00:15:43,920 --> 00:15:45,720

what are these new ideas that we need?

414

00:15:45,720 --> 00:15:49,440

How do I describe quantum  
nature when quantum effects are

415

00:15:49,440 --> 00:15:52,229

the dominant thing and when  
everything is happening at once,

416

00:15:52,229 --> 00:15:55,533

do we just give up or what do we do?

417

00:15:56,940 --> 00:15:57,940

- So what do you do?

418

00:16:00,840 --> 00:16:05,250

What would you see as the eureka moment

419

00:16:05,250 --> 00:16:07,980  
if you could suddenly  
calculate these things,

420  
00:16:07,980 --> 00:16:09,420  
where would that take us?

421  
00:16:09,420 --> 00:16:12,000  
- So another way of saying it is

422  
00:16:12,000 --> 00:16:15,240  
when do we care about  
these very strong effects?

423  
00:16:15,240 --> 00:16:16,770  
So I told you already one example

424  
00:16:16,770 --> 00:16:20,280  
which is to understand the matter,

425  
00:16:20,280 --> 00:16:23,670  
to understand the stability even of matter

426  
00:16:23,670 --> 00:16:26,700  
and what holds us together

427  
00:16:26,700 --> 00:16:31,700  
and what makes nucleus and  
fundamental particles stable.

428  
00:16:32,670 --> 00:16:36,240  
So understanding matter  
and particle physics

429  
00:16:36,240 --> 00:16:38,490  
is one of the ultimate goals,

430  
00:16:38,490 --> 00:16:40,323  
but maybe more conceptually,

431

00:16:42,626 --> 00:16:44,730  
another very important  
situation where we would need

432

00:16:44,730 --> 00:16:46,560  
to tame this very quantum effects

433

00:16:46,560 --> 00:16:49,680  
is when we try to understand how

434

00:16:49,680 --> 00:16:52,770  
to merge quantum mechanics and relativity

435

00:16:52,770 --> 00:16:55,470  
into what is called a  
theory of quantum gravity.

436

00:16:55,470 --> 00:16:58,500  
We understand very well the  
rules of quantum mechanics

437

00:16:58,500 --> 00:17:01,230  
when quantum mechanics is important.

438

00:17:01,230 --> 00:17:04,080  
We understand very well  
the rules of relativity

439

00:17:04,080 --> 00:17:07,770  
and of Einstein's theory  
of relativity of gravity.

440

00:17:07,770 --> 00:17:09,510  
When we try to put both together,

441

00:17:09,510 --> 00:17:11,700  
we don't know how that works.

442

00:17:11,700 --> 00:17:13,440

We don't know what are  
the rules of the game

443

00:17:13,440 --> 00:17:16,290

when I need to use at the  
same time quantum mechanics.

444

00:17:16,290 --> 00:17:18,930

That's very important especially  
when things are very small.

445

00:17:18,930 --> 00:17:20,280

And then when things are very small,

446

00:17:20,280 --> 00:17:22,137

everything that can happen will happen

447

00:17:22,137 --> 00:17:24,660

and you have to take all that into account

448

00:17:24,660 --> 00:17:27,150

and gravity that describes  
how the space-time

449

00:17:27,150 --> 00:17:28,740

can itself be deformed

450

00:17:28,740 --> 00:17:32,970

and how because that is  
actually what gravity is.

451

00:17:32,970 --> 00:17:34,590

Now, normally we don't care

452

00:17:34,590 --> 00:17:36,660

because normally when space-time

453



00:17:36,660 --> 00:17:39,990  
is deformed is when you  
have some kind of huge star

454  
00:17:39,990 --> 00:17:43,650  
that is bending the space-time  
or a black hole or something.

455  
00:17:43,650 --> 00:17:45,870  
And typically when objects are huge,

456  
00:17:45,870 --> 00:17:48,060  
quantum effects are irrelevant.

457  
00:17:48,060 --> 00:17:49,830  
And when quantum mechanics is important is

458  
00:17:49,830 --> 00:17:52,890  
when we are studying electrons  
or protons or photons,

459  
00:17:52,890 --> 00:17:54,360  
but then they are very light

460  
00:17:54,360 --> 00:17:56,070  
and they don't deform space-time.

461  
00:17:56,070 --> 00:17:57,060  
On the other hand,

462  
00:17:57,060 --> 00:17:59,310  
when you are close to  
singularities of black holes

463  
00:17:59,310 --> 00:18:00,660  
or at the beginning of the universe

464  
00:18:00,660 --> 00:18:02,940  
where everything was squeezed

together in a big bang,

465

00:18:02,940 --> 00:18:05,430

then you cannot get away without  
using both at the same time

466

00:18:05,430 --> 00:18:09,690

because things are both very  
heavy but also very small.

467

00:18:09,690 --> 00:18:12,080

And that's a key thing  
we want to understand

468

00:18:12,080 --> 00:18:14,190

what are the ultimate rules of the game?

469

00:18:14,190 --> 00:18:16,020

What describes really our universe

470

00:18:16,020 --> 00:18:18,780

and what's the ultimate theory of physics?

471

00:18:18,780 --> 00:18:21,630

And that ultimate theory needs  
to deal with strong coupling.

472

00:18:21,630 --> 00:18:24,690

So understanding, developing  
these mathematical tools

473

00:18:24,690 --> 00:18:27,630

is useful both for real world physics,

474

00:18:27,630 --> 00:18:30,720

for understanding how do protons behave,

475

00:18:30,720 --> 00:18:33,300

how do some materials behave?

476

00:18:33,300 --> 00:18:35,070

Because not all materials  
are weakly coupled.

477

00:18:35,070 --> 00:18:37,830

Sometimes we have in regular materials

478

00:18:37,830 --> 00:18:39,660

what are called phase transitions.

479

00:18:39,660 --> 00:18:42,030

And these phase transitions are precisely,

480

00:18:42,030 --> 00:18:45,750

transitions are precisely  
points in the material where

481

00:18:45,750 --> 00:18:47,310

everything is happening at the same time

482

00:18:47,310 --> 00:18:48,720

and at all possible scales.

483

00:18:48,720 --> 00:18:50,670

And everything is very important there.

484

00:18:50,670 --> 00:18:52,740

All these quantum effects  
are very important.

485

00:18:52,740 --> 00:18:56,220

And so taming this strongly coupled effect

486

00:18:56,220 --> 00:18:59,040

are important both in  
this real world situation

487

00:18:59,040 --> 00:19:02,340  
but also they will be needed to understand

488  
00:19:02,340 --> 00:19:04,260  
what's the ultimate  
theory of quantum gravity?

489  
00:19:04,260 --> 00:19:06,600  
What's the ultimate theory  
that describes our universe?

490  
00:19:06,600 --> 00:19:08,670  
And that puts together  
all the rules of physics

491  
00:19:08,670 --> 00:19:11,321  
that we know into a unified rule.

492  
00:19:11,321 --> 00:19:13,110  
– And we can't go to a black hole

493  
00:19:13,110 --> 00:19:14,820  
or the beginning of the universe.

494  
00:19:14,820 --> 00:19:18,333  
So it has to happen largely  
on blackboards at first.

495  
00:19:19,950 --> 00:19:22,530  
– How could we do progress in such field

496  
00:19:22,530 --> 00:19:24,870  
where things are so abstract

497  
00:19:24,870 --> 00:19:27,720  
and where you are trying to even develop

498  
00:19:27,720 --> 00:19:28,770  
the rules of the game?

499

00:19:28,770 --> 00:19:30,540

So what do you use?

500

00:19:30,540 --> 00:19:33,510

So you use lots of thought  
experiments, like you said,

501

00:19:33,510 --> 00:19:35,820

you cannot jump into a black hole,

502

00:19:35,820 --> 00:19:37,950

but you can do a thought experiment.

503

00:19:37,950 --> 00:19:39,150

Suppose I jump,

504

00:19:39,150 --> 00:19:44,130

I throw Alice into a black  
hole and Bob stays outside

505

00:19:44,130 --> 00:19:46,380

and Bob sends a signal to Alice

506

00:19:46,380 --> 00:19:48,360

and as Alice is falling  
into the black hole,

507

00:19:48,360 --> 00:19:50,610

she keeps sending the signal back to Bob

508

00:19:50,610 --> 00:19:54,120

at the rate of three photons  
per second, et cetera.

509

00:19:54,120 --> 00:19:56,130

And you do these thought experiments

510

00:19:56,130 --> 00:19:56,970  
and you start imagining

511  
00:19:56,970 --> 00:19:59,057  
what would happen if you do this kind,

512  
00:19:59,057 --> 00:20:02,250  
if you go to these extreme situations

513  
00:20:02,250 --> 00:20:06,570  
and often these thought  
experiments allow you to deduce,

514  
00:20:06,570 --> 00:20:10,740  
to come up with new rules  
for how physics work.

515  
00:20:10,740 --> 00:20:15,120  
So that's how Einstein  
developed many of his ideas was

516  
00:20:15,120 --> 00:20:18,000  
by imagining he had these experiments

517  
00:20:18,000 --> 00:20:19,800  
where he would jump and if I'm falling

518  
00:20:19,800 --> 00:20:22,530  
and something is falling nearby me,

519  
00:20:22,530 --> 00:20:23,910  
how can I tell that I'm falling?

520  
00:20:23,910 --> 00:20:26,430  
I just, I look at this red ball

521  
00:20:26,430 --> 00:20:27,570  
that is just falling with me.

522

00:20:27,570 --> 00:20:29,610  
How do I know that we are both  
falling and we are not both

523

00:20:29,610 --> 00:20:31,470  
just standing in space?

524

00:20:31,470 --> 00:20:32,370  
And indeed you cannot,

525

00:20:32,370 --> 00:20:33,570  
if all you see is the red ball

526

00:20:33,570 --> 00:20:35,880  
that is close to you and  
you are both falling,

527

00:20:35,880 --> 00:20:37,560  
you'd see the red ball and you are falling

528

00:20:37,560 --> 00:20:39,150  
or you are in the middle of empty space,

529

00:20:39,150 --> 00:20:40,230  
it's the same thing.

530

00:20:40,230 --> 00:20:41,063  
And so he said, oh,

531

00:20:41,063 --> 00:20:44,220  
basically then gravity  
should just be like falling,

532

00:20:44,220 --> 00:20:47,160  
should just be like going  
freely in empty space

533

00:20:47,160 --> 00:20:49,257

and then maybe gravity can be geometrize

534

00:20:49,257 --> 00:20:50,550

and maybe gravity is just

535

00:20:50,550 --> 00:20:52,140

the formation of space-time and so on.

536

00:20:52,140 --> 00:20:54,720

And eventually it led him  
to the theory of relativity.

537

00:20:54,720 --> 00:20:56,610

So by thinking of the  
thought experiments, right?

538

00:20:56,610 --> 00:20:57,600

So he was just thinking,

539

00:20:57,600 --> 00:21:00,570

I fall and I have this  
red ball nearby and boom,

540

00:21:00,570 --> 00:21:01,623

gravity came about.

541

00:21:02,550 --> 00:21:05,010

So thought experiments  
is one of the key thing.

542

00:21:05,010 --> 00:21:09,660

The other, like I said before  
is computers, often we say,

543

00:21:09,660 --> 00:21:12,750

I have this crazy stuff,  
everything goes on and it's,

544

00:21:12,750 --> 00:21:14,940



I put it in a computer and I ask, okay,

545

00:21:14,940 --> 00:21:16,800

I cannot compute all these things.

546

00:21:16,800 --> 00:21:18,600

I'll ask the computer to compute

547

00:21:18,600 --> 00:21:20,130

and the computer will crunch numbers.

548

00:21:20,130 --> 00:21:21,643

And a few days later tells me, okay,

549

00:21:21,643 --> 00:21:25,560

the result is 7.3 and then I have to go

550

00:21:25,560 --> 00:21:27,420

and develop totally different tools

551

00:21:27,420 --> 00:21:30,120

that could run some  
computation in pen and paper

552

00:21:30,120 --> 00:21:32,009

and give me the 7.3.

553

00:21:32,009 --> 00:21:33,870

And now I have some hints from computers.

554

00:21:33,870 --> 00:21:37,860

So computers are like a way  
of creating your own universe

555

00:21:37,860 --> 00:21:40,500

are like thought experiments,  
but with numbers,

556

00:21:40,500 --> 00:21:42,000  
I run my computer computation

557  
00:21:42,000 --> 00:21:45,180  
and I have this prediction  
for what it could be.

558  
00:21:45,180 --> 00:21:47,730  
And recently in physics  
there are other ideas

559  
00:21:47,730 --> 00:21:50,035  
that are now emerging as alternatives

560  
00:21:50,035 --> 00:21:54,690  
for studying these theories  
at a very strong coupling.

561  
00:21:54,690 --> 00:21:57,188  
And we might at some point discuss some of

562  
00:21:57,188 --> 00:22:00,195  
these ideas that go by  
the name of holography

563  
00:22:00,195 --> 00:22:04,380  
and ADSCFT and that are  
new descriptions of physics

564  
00:22:04,380 --> 00:22:05,790  
that sometimes give you a totally

565  
00:22:05,790 --> 00:22:07,140  
different perspective on a problem.

566  
00:22:07,140 --> 00:22:08,910  
You're stuck on trying to  
understand this problem

567

00:22:08,910 --> 00:22:10,800  
and then a new idea comes that says,

568  
00:22:10,800 --> 00:22:12,630  
well actually this problem is equivalent

569  
00:22:12,630 --> 00:22:14,970  
to this other problem  
that's totally different.

570  
00:22:14,970 --> 00:22:17,550  
And now suddenly you  
are attacking a problem

571  
00:22:17,550 --> 00:22:20,100  
and you have two different  
descriptions of the same thing.

572  
00:22:20,100 --> 00:22:22,560  
You have two different  
approaches that you can use.

573  
00:22:22,560 --> 00:22:26,940  
And so that's another concept that we use,

574  
00:22:26,940 --> 00:22:30,390  
which is this concept of  
dualities or correspondences,

575  
00:22:30,390 --> 00:22:32,760  
which are often in physics,  
there are more than,

576  
00:22:32,760 --> 00:22:35,250  
there is more than one way  
of describing the same thing,

577  
00:22:35,250 --> 00:22:37,980  
like a fluid in a swimming  
pool like we said before.

578

00:22:37,980 --> 00:22:40,980

One way of describing is just  
describe where is the water,

579

00:22:40,980 --> 00:22:43,770

how is it moving and at what velocity,

580

00:22:43,770 --> 00:22:44,760

what's the temperature?

581

00:22:44,760 --> 00:22:45,750

Is it too cold?

582

00:22:45,750 --> 00:22:48,177

Is there too much salt in it?

583

00:22:48,177 --> 00:22:50,370

And you describe the  
properties of the water

584

00:22:50,370 --> 00:22:52,290

and the fluid that's  
moving the swimming pool.

585

00:22:52,290 --> 00:22:54,420

Another description would be you go,

586

00:22:54,420 --> 00:22:55,650

you zoom in and you see oh,

587

00:22:55,650 --> 00:22:57,360

it's just a bunch of  
atoms and you describe

588

00:22:57,360 --> 00:22:58,710

the position of all the atoms

589

00:22:58,710 --> 00:23:01,211  
and where they are and what  
they're trying to do, et cetera.

590  
00:23:01,211 --> 00:23:02,970  
And of course it's the same thing.

591  
00:23:02,970 --> 00:23:04,770  
- But that sounds much harder.

592  
00:23:04,770 --> 00:23:06,660  
- But the atom one sounds much harder

593  
00:23:06,660 --> 00:23:07,830  
in this particular case.

594  
00:23:07,830 --> 00:23:08,850  
It's true.

595  
00:23:08,850 --> 00:23:10,470  
In fact, what happens is that

596  
00:23:10,470 --> 00:23:12,120  
the atom one is much harder because

597  
00:23:12,120 --> 00:23:14,100  
there are many, many more atoms and so on.

598  
00:23:14,100 --> 00:23:17,610  
But it's also more fundamental  
because it's the same atoms

599  
00:23:17,610 --> 00:23:20,850  
that describe the movement in  
the swimming pool that will

600  
00:23:20,850 --> 00:23:24,120  
describe water vapor that  
is totally different, right?

601

00:23:24,120 --> 00:23:25,260

So if you have water vapor,

602

00:23:25,260 --> 00:23:27,660

it's the same molecules of  
water that describe water

603

00:23:27,660 --> 00:23:31,650

in the swimming pool and  
that describe a tsunami.

604

00:23:31,650 --> 00:23:34,380

And so tsunami, the swimming  
pool and water vapor,

605

00:23:34,380 --> 00:23:35,340

it's more or less the same thing.

606

00:23:35,340 --> 00:23:37,050

Ice is also the same thing, right?

607

00:23:37,050 --> 00:23:38,850

So it's the same molecules of water.

608

00:23:39,780 --> 00:23:41,940

And so what happens is that sometimes

609

00:23:41,940 --> 00:23:43,650

the rules at the microscopic level,

610

00:23:43,650 --> 00:23:46,710

the rules for this atoms  
that will be the atoms

611

00:23:46,710 --> 00:23:50,235

of water are very, very simple  
at the microscopic level.

612  
00:23:50,235 --> 00:23:53,640  
But then because you put so many of them

613  
00:23:53,640 --> 00:23:55,560  
and even with a very simple rule,

614  
00:23:55,560 --> 00:23:58,290  
complicated emergent phenomena appear,

615  
00:23:58,290 --> 00:24:00,510  
and you can get ice, you can get vapor,

616  
00:24:00,510 --> 00:24:01,560  
you can get liquids,

617  
00:24:01,560 --> 00:24:03,440  
you can get all these different things out

618  
00:24:03,440 --> 00:24:05,340  
of very simple rules,

619  
00:24:05,340 --> 00:24:07,800  
it's like in a game you can have a game

620  
00:24:07,800 --> 00:24:09,630  
with very simple rules like chess.

621  
00:24:09,630 --> 00:24:11,580  
And then you have these  
beautiful games that people say,

622  
00:24:11,580 --> 00:24:14,670  
oh wow, this was a masterpiece,  
how amazing and so on.

623  
00:24:14,670 --> 00:24:16,500  
And the rules of chess are the same.

624

00:24:16,500 --> 00:24:20,220

But then some games are amazing  
and some games are boring.

625

00:24:20,220 --> 00:24:21,990

And similarly with water,

626

00:24:21,990 --> 00:24:24,030

some phases of water are very boring

627

00:24:24,030 --> 00:24:25,617

and the most exciting phases of water

628

00:24:25,617 --> 00:24:27,780

are in the transition between liquid

629

00:24:27,780 --> 00:24:30,780

and vapor and when it's  
really transitioning

630

00:24:30,780 --> 00:24:33,150

and then it's where this quantum effects

631

00:24:33,150 --> 00:24:36,315

become more important and  
where everything matters

632

00:24:36,315 --> 00:24:40,170

and that's where even  
though the fundamental rules

633

00:24:40,170 --> 00:24:42,360

are the same, the emergent phenomena,

634

00:24:42,360 --> 00:24:46,450

the emergent effects can be much richer

635

00:24:47,377 --> 00:24:50,460



than the fundamental rules.

636

00:24:50,460 --> 00:24:53,550

Now, it's true that the  
fundamental rules can be simple,

637

00:24:53,550 --> 00:24:57,180

but indeed predicting what's  
happening at an emergent level,

638

00:24:57,180 --> 00:24:58,500

it's often very complicated.

639

00:24:58,500 --> 00:24:59,340

So in that sense,

640

00:24:59,340 --> 00:25:01,320

it's easier to use the  
equations that describe

641

00:25:01,320 --> 00:25:02,850

the water in the swimming pool of course,

642

00:25:02,850 --> 00:25:05,430

than describing all the  
atoms in the swimming pool.

643

00:25:05,430 --> 00:25:08,070

- You said that the hard  
problems that you're working

644

00:25:08,070 --> 00:25:11,190

on in quantum field  
theory require new tools.

645

00:25:11,190 --> 00:25:12,870

Can you tell us what  
some of these tools are

646

00:25:12,870 --> 00:25:15,960  
that you use to tackle these  
very difficult problems?

647  
00:25:15,960 --> 00:25:17,759  
- Like we said in quantum mechanics,

648  
00:25:17,759 --> 00:25:20,820  
many things happen at once  
and you cannot really say

649  
00:25:20,820 --> 00:25:22,290  
for sure what's going to happen

650  
00:25:22,290 --> 00:25:23,940  
because everything is happen at once.

651  
00:25:23,940 --> 00:25:26,460  
When I told you that particles  
travel from a flashlight from

652  
00:25:26,460 --> 00:25:29,430  
a point to another, they  
actually do many things at once.

653  
00:25:29,430 --> 00:25:31,140  
And in particular,

654  
00:25:31,140 --> 00:25:33,270  
even to say that particle  
goes from A to B,

655  
00:25:33,270 --> 00:25:35,790  
you cannot know for sure  
that it goes from A to B.

656  
00:25:35,790 --> 00:25:37,680  
You can only compute probabilities.

657

00:25:37,680 --> 00:25:40,410  
And so physics is all about  
computing probabilities.

658  
00:25:40,410 --> 00:25:43,080  
There is some probability  
that it goes from A to B,

659  
00:25:43,080 --> 00:25:44,430  
but it can go from A to C,

660  
00:25:44,430 --> 00:25:45,750  
it can go from A to D,

661  
00:25:45,750 --> 00:25:47,550  
it can go from A to any other point.

662  
00:25:48,390 --> 00:25:49,800  
And so at the end of the day,

663  
00:25:49,800 --> 00:25:53,580  
what you are studying are  
what are the probabilities

664  
00:25:53,580 --> 00:25:56,280  
of something to happen in physics,

665  
00:25:56,280 --> 00:25:58,560  
and sometimes to do these  
computations in physics

666  
00:25:58,560 --> 00:26:00,420  
and to compute all this,

667  
00:26:00,420 --> 00:26:02,640  
what's the probability  
for something to happen,

668  
00:26:02,640 --> 00:26:04,680

you have to do these long computations,

669

00:26:04,680 --> 00:26:07,110

you have to develop these new tools.

670

00:26:07,110 --> 00:26:09,030

But you could flip it around and say,

671

00:26:09,030 --> 00:26:11,040

well, if it's a probability,

672

00:26:11,040 --> 00:26:13,260

it's a number between zero and one,

673

00:26:13,260 --> 00:26:14,310

you can ask,

674

00:26:14,310 --> 00:26:16,260

instead of doing the  
computation, let me think,

675

00:26:16,260 --> 00:26:18,120

what could be the possible results?

676

00:26:18,120 --> 00:26:21,480

It must respect the rules  
of causality and relativity.

677

00:26:21,480 --> 00:26:22,620

So if I'm very far away,

678

00:26:22,620 --> 00:26:25,260

I cannot influence what's  
happening here right away.

679

00:26:25,260 --> 00:26:27,720

And you start thinking instead  
of doing the computation,

680

00:26:27,720 --> 00:26:31,500  
is there a way of trying  
to constrain to fix,

681

00:26:31,500 --> 00:26:35,400  
we call it to bootstrap what  
could happen just by trying

682

00:26:35,400 --> 00:26:36,630  
to impose very fundamental

683

00:26:36,630 --> 00:26:38,580  
principles on the result directly.

684

00:26:38,580 --> 00:26:42,060  
So instead of trying to describe  
what is really going on,

685

00:26:42,060 --> 00:26:43,470  
can we think of a question,

686

00:26:43,470 --> 00:26:46,380  
a physics question like  
what's the probability

687

00:26:46,380 --> 00:26:50,670  
of a photon reaching my hand  
coming from Lawrence's hand?

688

00:26:50,670 --> 00:26:53,460  
And then instead of trying to  
do this honest computation,

689

00:26:53,460 --> 00:26:55,890  
let's try to fix the result to ask

690

00:26:55,890 --> 00:26:58,263  
what are the possible  
outcomes of this result?

691

00:26:59,100 --> 00:27:01,410

In any possible theory we might not

692

00:27:01,410 --> 00:27:02,490

even know the rules of the game.

693

00:27:02,490 --> 00:27:04,230

We might not even know

the fundamental theory

694

00:27:04,230 --> 00:27:06,660

that we could be studying quantum gravity.

695

00:27:06,660 --> 00:27:10,290

And this is a new perspective,

it's called the bootstrap.

696

00:27:10,290 --> 00:27:11,370

And it's the idea of trying

697

00:27:11,370 --> 00:27:14,250

to use very fundamental

physics principles,

698

00:27:14,250 --> 00:27:16,830

quantum mechanics, relativity,

699

00:27:16,830 --> 00:27:20,070

some very simple mathematical

principles as well,

700

00:27:20,070 --> 00:27:22,950

and trying to use these

fundamental physics principles

701

00:27:22,950 --> 00:27:25,230

that we believe are sacred to try

702

00:27:25,230 --> 00:27:27,900  
to carve out the space of

703

00:27:27,900 --> 00:27:30,420  
what is possible and what's impossible

704

00:27:30,420 --> 00:27:33,063  
in a given experiment, in  
a given physical quantity.

705

00:27:33,990 --> 00:27:36,750  
So this is a very  
different way of thinking.

706

00:27:36,750 --> 00:27:38,850  
Instead of thinking I have one theory

707

00:27:38,850 --> 00:27:40,500  
and one computation I have to do

708

00:27:40,500 --> 00:27:42,030  
and I don't know how  
to do the computation.

709

00:27:42,030 --> 00:27:43,500  
And I try and I try and I try,

710

00:27:43,500 --> 00:27:44,333  
I say, no, no, no,

711

00:27:44,333 --> 00:27:47,550  
let me take a step back and  
say there is some theory,

712

00:27:47,550 --> 00:27:48,840  
there is some computation.

713

00:27:48,840 --> 00:27:50,160

I dunno what the computation is,

714

00:27:50,160 --> 00:27:52,290

but I know that the  
result must be compatible

715

00:27:52,290 --> 00:27:54,390

with the fundamental  
principles of physics.

716

00:27:54,390 --> 00:27:55,790

So what could the result be?

717

00:27:56,970 --> 00:27:58,740

And so this is a new approach.

718

00:27:58,740 --> 00:28:00,960

Now, typically what you'd  
study in this approach

719

00:28:00,960 --> 00:28:03,600

is then you ask this  
very general questions

720

00:28:03,600 --> 00:28:05,220

of what could be the outcomes

721

00:28:05,220 --> 00:28:07,800

of some probability of some experiment.

722

00:28:07,800 --> 00:28:10,470

And of course, just by thinking of

723

00:28:10,470 --> 00:28:12,660

what could be possible  
and what is impossible,

724

00:28:12,660 --> 00:28:15,810

you cannot get the 7.3



that I mentioned before.

725

00:28:15,810 --> 00:28:17,820

You cannot get a sharp  
number, but you can say,

726

00:28:17,820 --> 00:28:20,970

well, it could be between five and eight.

727

00:28:20,970 --> 00:28:23,490

And then you start inputting  
more physical principles.

728

00:28:23,490 --> 00:28:24,360

You start saying, oh,

729

00:28:24,360 --> 00:28:25,680

and I also want to impose

730

00:28:25,680 --> 00:28:28,560

a little bit of Einstein's  
theory of relativity and so on.

731

00:28:28,560 --> 00:28:32,130

And now you run the thought  
experiment of what could happen

732

00:28:32,130 --> 00:28:35,130

and you get between 5.3 and 7.8

733

00:28:35,130 --> 00:28:36,840

and you start squeezing the result.

734

00:28:36,840 --> 00:28:39,360

You start squeezing the possible outcomes

735

00:28:39,360 --> 00:28:41,580

of what's possible and impossible.

736  
00:28:41,580 --> 00:28:44,310  
And the question we might ask is the space

737  
00:28:44,310 --> 00:28:45,480  
of what's possible and impossible

738  
00:28:45,480 --> 00:28:46,800  
that's not the one dimensional space

739  
00:28:46,800 --> 00:28:48,120  
because there's not one experiment,

740  
00:28:48,120 --> 00:28:49,580  
there are millions of  
experiments we could do.

741  
00:28:49,580 --> 00:28:51,660  
So it's an infinite dimensional space.

742  
00:28:51,660 --> 00:28:53,580  
So you should think of  
it as like a sculpture

743  
00:28:53,580 --> 00:28:55,500  
in infinite dimensions and the inside

744  
00:28:55,500 --> 00:28:56,940  
of the sculpture is what's possible.

745  
00:28:56,940 --> 00:28:59,790  
And the outside of the  
sculpture is what's impossible,

746  
00:28:59,790 --> 00:29:01,710  
and how is this space,

747  
00:29:01,710 --> 00:29:04,380  
can we study this metaphysic space,

748

00:29:04,380 --> 00:29:06,540

this space of all  
possible physics outcomes?

749

00:29:06,540 --> 00:29:07,860

Can we study it?

750

00:29:07,860 --> 00:29:10,320

Does it have nice features  
like a nice sculpture?

751

00:29:10,320 --> 00:29:13,590

Does it have pointy edges, pointy corners?

752

00:29:13,590 --> 00:29:16,230

So that's something we  
are trying to understand

753

00:29:16,230 --> 00:29:17,940

that many people are trying to understand

754

00:29:17,940 --> 00:29:20,670

is what is this possible space of theories

755

00:29:20,670 --> 00:29:23,250

and can it be that some of the theories

756

00:29:23,250 --> 00:29:25,740

that we struggle to solve  
because they are so strongly

757

00:29:25,740 --> 00:29:28,320

couple and the quantum  
effects are so strong,

758

00:29:28,320 --> 00:29:30,600

could it be that they  
occupy special places

759

00:29:30,600 --> 00:29:32,400  
in this space of theories?

760

00:29:32,400 --> 00:29:35,520  
Could it be that there is special points

761

00:29:35,520 --> 00:29:38,310  
in this landscape of what's  
possible and impossible?

762

00:29:38,310 --> 00:29:42,561  
And perhaps there are special  
points and tips of some

763

00:29:42,561 --> 00:29:46,620  
corners of this space of theories

764

00:29:46,620 --> 00:29:48,060  
and perhaps there are some locations

765

00:29:48,060 --> 00:29:51,150  
that are privileged  
and that could indicate

766

00:29:51,150 --> 00:29:52,653  
more exciting things going on.

767

00:29:52,653 --> 00:29:54,240  
So that's one approach.

768

00:29:54,240 --> 00:29:56,640  
- You said this is the bootstrap approach.

769

00:29:56,640 --> 00:29:57,960  
- This is the bootstrap approach.

770

00:29:57,960 --> 00:30:02,960

- This seems like such a real world nitty dirty bootstrap.

771

00:30:03,210 --> 00:30:05,460

Can you explain what it means in this context?

772

00:30:05,460 --> 00:30:08,730

- Bootstrap alludes to an impossible picture.

773

00:30:08,730 --> 00:30:11,280

It's the picture that you hold your yourself

774

00:30:11,280 --> 00:30:14,310

from your bootstraps and you push and then you are flying.

775

00:30:14,310 --> 00:30:17,880

You lift yourself out of the air by pushing off your,

776

00:30:17,880 --> 00:30:20,010

by pulling off your bootstraps.

777

00:30:20,010 --> 00:30:22,650

And why is it related to what I said before?

778

00:30:22,650 --> 00:30:26,640

Because I'm trying to get the result of a computation

779

00:30:26,640 --> 00:30:29,610

without doing the computation, that really looks impossible.

780

00:30:29,610 --> 00:30:32,220

I should not be able

to get away with that.

781

00:30:32,220 --> 00:30:33,530

- That's like yanking yourself

782

00:30:33,530 --> 00:30:34,693

into the air by your bootstraps.

783

00:30:34,693 --> 00:30:37,440

- It's like, I want to  
know this result 5.3

784

00:30:37,440 --> 00:30:39,330

to 7.8 without doing the computation.

785

00:30:39,330 --> 00:30:40,163

How come?

786

00:30:40,163 --> 00:30:40,996

Why?

787

00:30:40,996 --> 00:30:42,120

How could I do it?

788

00:30:42,120 --> 00:30:43,290

And that looks counterintuitive.

789

00:30:43,290 --> 00:30:47,580

It looks strange, and that's  
why we like this picture.

790

00:30:47,580 --> 00:30:50,580

Now it turns out that why  
would this be possible?

791

00:30:50,580 --> 00:30:53,820

And it's possible because  
physics is such a beautiful,

792  
00:30:53,820 --> 00:30:57,180  
but at the same time, rigid framework,

793  
00:30:57,180 --> 00:30:59,250  
it's amazing that things can work,

794  
00:30:59,250 --> 00:31:01,740  
because so many things need to  
work at the same time, right?

795  
00:31:01,740 --> 00:31:05,760  
So you need with the same  
rules of electromagnetism

796  
00:31:05,760 --> 00:31:10,200  
to explain radio waves and properties

797  
00:31:10,200 --> 00:31:14,947  
of matter and electronics  
and spectrum of the sun,

798  
00:31:15,870 --> 00:31:19,061  
the same rules need to  
describe so many things.

799  
00:31:19,061 --> 00:31:21,390  
And so everything is so  
rigid that if you ask,

800  
00:31:21,390 --> 00:31:24,570  
could I change this  
parameter a little bit here,

801  
00:31:24,570 --> 00:31:26,640  
I want to explain some physics experiment

802  
00:31:26,640 --> 00:31:27,960  
where in some material I got

803

00:31:27,960 --> 00:31:29,760  
some blue line instead of some red lines,

804

00:31:29,760 --> 00:31:31,740  
so I'll change this law of physics,

805

00:31:31,740 --> 00:31:33,620  
but then everything else will fail, right?

806

00:31:33,620 --> 00:31:35,850  
So you cannot just  
change things at random.

807

00:31:35,850 --> 00:31:37,440  
So everything's very, very rigid.

808

00:31:37,440 --> 00:31:40,500  
So even without doing  
computations sometimes

809

00:31:40,500 --> 00:31:42,161  
because things are so constrained,

810

00:31:42,161 --> 00:31:45,210  
just by thinking what could happen,

811

00:31:45,210 --> 00:31:47,640  
you can indeed nail things down.

812

00:31:47,640 --> 00:31:49,620  
And it brings us back to this power

813

00:31:49,620 --> 00:31:53,820  
of thought experiments that  
this is often built on thinking,

814

00:31:53,820 --> 00:31:57,630  
suppose I want to study



this probability needs to be

815

00:31:57,630 --> 00:31:58,830  
a number between zero and one.

816

00:31:58,830 --> 00:32:00,960  
But if this number was 0.7,

817

00:32:00,960 --> 00:32:04,403  
it might imply that the  
outcome of another experiment,

818

00:32:04,403 --> 00:32:07,825  
another thought experiment will be 1.3,

819

00:32:07,825 --> 00:32:10,050  
but probabilities cannot be 1.3,

820

00:32:10,050 --> 00:32:11,460  
they need to be smaller than one and then

821

00:32:11,460 --> 00:32:14,250  
that's 0.7 needs to be excluded.

822

00:32:14,250 --> 00:32:15,940  
Okay, so let me try 0.1,

823

00:32:15,940 --> 00:32:18,802  
but 0.1 would then imply  
that this other experiment

824

00:32:18,802 --> 00:32:21,750  
would predict a signal arriving  
there faster than light.

825

00:32:21,750 --> 00:32:23,850  
Okay, so then 0.1 is also excluded.

826

00:32:23,850 --> 00:32:26,460  
And by just thinking about  
all these thought experiments,

827  
00:32:26,460 --> 00:32:28,890  
now we are starting to squeeze  
the space of what's possible

828  
00:32:28,890 --> 00:32:30,240  
and impossible and we are getting

829  
00:32:30,240 --> 00:32:31,500  
to a smaller and smaller space.

830  
00:32:31,500 --> 00:32:32,850  
- It's like detective work,

831  
00:32:32,850 --> 00:32:34,500  
it's like eliminating the possibilities.

832  
00:32:34,500 --> 00:32:35,757  
- It's very much like detective work.

833  
00:32:35,757 --> 00:32:37,200  
- And I think this type of approach

834  
00:32:37,200 --> 00:32:39,390  
is usually referred to  
as a bottom up approach,

835  
00:32:39,390 --> 00:32:40,470  
whereas some of the other ones

836  
00:32:40,470 --> 00:32:42,090  
are called a top down approach.

837  
00:32:42,090 --> 00:32:44,550  
In general, what are  
the types of situations

838

00:32:44,550 --> 00:32:46,860  
where you wanna use some  
kind of bottom up approach

839

00:32:46,860 --> 00:32:48,930  
versus a top down approach?

840

00:32:48,930 --> 00:32:49,763  
– Exactly. Yeah.

841

00:32:49,763 --> 00:32:54,345  
So there is two descriptions.

842

00:32:54,345 --> 00:32:56,790  
I confess that I always mixed them up,

843

00:32:56,790 --> 00:32:59,490  
so I will not try to use  
bottom up and top down

844

00:32:59,490 --> 00:33:01,500  
because I never know which one is which,

845

00:33:01,500 --> 00:33:03,448  
but I know such thing exists.

846

00:33:03,448 --> 00:33:04,500  
But basically=

847

00:33:04,500 --> 00:33:07,480  
– Your boots are on the  
bottom (indistinct).

848

00:33:08,850 --> 00:33:12,450  
– I never know which one is  
top up, top down, bottom up.

849

00:33:12,450 --> 00:33:16,683  
Yeah, for me, I never understood  
the logic between that,

850  
00:33:18,540 --> 00:33:19,980  
but indeed there is this picture

851  
00:33:19,980 --> 00:33:23,700  
that you can try to understand  
the rules of the game,

852  
00:33:23,700 --> 00:33:26,040  
the rules of the world by either trying

853  
00:33:26,040 --> 00:33:27,930  
to get the very big picture

854  
00:33:27,930 --> 00:33:31,290  
of what could be the  
possible and impossible,

855  
00:33:31,290 --> 00:33:34,230  
what can happen in the  
most general situations.

856  
00:33:34,230 --> 00:33:38,130  
And the other way you could  
make progress is saying no,

857  
00:33:38,130 --> 00:33:40,890  
let me pick one special example and learn

858  
00:33:40,890 --> 00:33:43,650  
that special example  
in great, great detail.

859  
00:33:43,650 --> 00:33:46,710  
Those are two very extreme  
ways of getting knowledge,

860

00:33:46,710 --> 00:33:48,330  
totally big picture.

861

00:33:48,330 --> 00:33:51,450  
I mean it'll be like say  
what do we have in common?

862

00:33:51,450 --> 00:33:55,916  
We all want things, we all  
move from one place to another.

863

00:33:55,916 --> 00:33:58,770  
We all have anxiety, et cetera.

864

00:33:58,770 --> 00:34:01,650  
That's a very general way of  
describing humanity, right?

865

00:34:01,650 --> 00:34:04,410  
Or you can just follow one person

866

00:34:04,410 --> 00:34:08,340  
and learn about all its  
inner desires and so on.

867

00:34:08,340 --> 00:34:10,110  
And even though it is just one person,

868

00:34:10,110 --> 00:34:12,076  
if you really learn about everything

869

00:34:12,076 --> 00:34:14,400  
that person feels or thinks,

870

00:34:14,400 --> 00:34:16,650  
you really learn a great  
deal about humanity.

871

00:34:16,650 --> 00:34:17,910  
And so in physics it's the same thing.

872  
00:34:17,910 --> 00:34:20,280  
You can either get the full picture

873  
00:34:20,280 --> 00:34:22,530  
of what's happening in  
all possible generality,

874  
00:34:22,530 --> 00:34:24,570  
but then you will not go as deep

875  
00:34:24,570 --> 00:34:27,780  
in any particular  
direction, or you can say,

876  
00:34:27,780 --> 00:34:31,320  
let me focus on one example  
and let me go really down on

877  
00:34:31,320 --> 00:34:34,800  
along that rabbit hole and  
try to understand everything

878  
00:34:34,800 --> 00:34:36,540  
from all possible points of view

879  
00:34:36,540 --> 00:34:38,010  
about that particular problem

880  
00:34:38,010 --> 00:34:39,750  
or that particular theory.

881  
00:34:39,750 --> 00:34:41,040  
And in that way by,

882  
00:34:41,040 --> 00:34:43,560  
based on that particular example,

883

00:34:43,560 --> 00:34:45,660  
try to then draw general lessons

884

00:34:45,660 --> 00:34:50,100  
that could be valid in much  
more general situations.

885

00:34:50,100 --> 00:34:53,730  
– You said we can think of the  
what it gives us as you know,

886

00:34:53,730 --> 00:34:57,180  
an ice sculpture or some  
complicated landscape with these

887

00:34:57,180 --> 00:34:59,400  
peninsulas or islands or different things.

888

00:34:59,400 --> 00:35:02,400  
So is the ultimate goal  
to try to figure out

889

00:35:02,400 --> 00:35:04,830  
where our reality, our world fits in?

890

00:35:04,830 --> 00:35:09,090  
And this is just some point  
in one of these landscapes?

891

00:35:09,090 --> 00:35:11,160  
– Right, exactly.

892

00:35:11,160 --> 00:35:13,427  
So we could imagine we have this map

893

00:35:13,427 --> 00:35:16,440  
and there's this cross, you are here,

894  
00:35:16,440 --> 00:35:17,790  
and now there are two possibilities.

895  
00:35:17,790 --> 00:35:20,310  
Maybe we carve out this map

896  
00:35:20,310 --> 00:35:22,350  
of what's possible and  
what's impossible, right?

897  
00:35:22,350 --> 00:35:24,330  
And maybe this map is like Canada

898  
00:35:24,330 --> 00:35:27,600  
and maybe we are at some  
point in the middle of Canada.

899  
00:35:27,600 --> 00:35:29,883  
Well then it's hard to find us, right?

900  
00:35:29,883 --> 00:35:31,770  
Canada's very big.

901  
00:35:31,770 --> 00:35:35,430  
If you are in some random point  
in the middle of of Canada,

902  
00:35:35,430 --> 00:35:37,230  
no one will ever find you.

903  
00:35:37,230 --> 00:35:39,930  
But if you are at the tip of the peninsula

904  
00:35:39,930 --> 00:35:42,660  
or in the middle of a very  
small island or something,

905  
00:35:42,660 --> 00:35:45,180



those are special points  
you could look at.

906

00:35:45,180 --> 00:35:46,500  
And it so happens,

907

00:35:46,500 --> 00:35:47,940  
and sometimes we understand why,

908

00:35:47,940 --> 00:35:50,040  
sometimes we don't understand why,

909

00:35:50,040 --> 00:35:52,200  
that often the most  
interesting theories are

910

00:35:52,200 --> 00:35:55,140  
lying in these most interesting  
spots, these corners,

911

00:35:55,140 --> 00:35:58,890  
these tips, these places where  
you cannot go any further.

912

00:35:58,890 --> 00:35:59,850  
It's like at the boundary

913

00:35:59,850 --> 00:36:02,070  
between what's possible  
and what's impossible.

914

00:36:02,070 --> 00:36:04,393  
Now why would people live at the boundary?

915

00:36:04,393 --> 00:36:06,450  
That's where people live in Canada, right?

916

00:36:06,450 --> 00:36:09,390  
They live at the boundary

between the US and Canada, right?

917

00:36:09,390 --> 00:36:10,223

Why?

918

00:36:10,223 --> 00:36:11,056

Because they were trying to go down

919

00:36:11,056 --> 00:36:12,840

because it was warmer  
and then they stopped

920

00:36:12,840 --> 00:36:14,550

where they could not go anymore.

921

00:36:14,550 --> 00:36:16,110

So with physics it  
could do the same thing.

922

00:36:16,110 --> 00:36:18,900

The theory could try  
to go in some direction

923

00:36:18,900 --> 00:36:20,220

because it wants to maximize

924

00:36:20,220 --> 00:36:22,068

some physical principle and he wants to

925

00:36:22,068 --> 00:36:24,390

increase the entropy or something

926

00:36:24,390 --> 00:36:26,790

and it's trying to move and  
then boom, cannot move anymore.

927

00:36:26,790 --> 00:36:28,380

So I got stuck here and then it's

928

00:36:28,380 --> 00:36:30,330  
the boundary which not  
possible and impossible.

929

00:36:30,330 --> 00:36:32,400  
And so if there's  
some underlying principle

930

00:36:32,400 --> 00:36:34,800  
that we might not know that is trying

931

00:36:34,800 --> 00:36:38,100  
to push theories in some  
particular direction,

932

00:36:38,100 --> 00:36:39,630  
then it's natural that they stop

933

00:36:39,630 --> 00:36:41,280  
where they cannot go any further.

934

00:36:41,280 --> 00:36:42,360  
And that is the boundary

935

00:36:42,360 --> 00:36:44,040  
between what's possible and impossible.

936

00:36:44,040 --> 00:36:47,310  
And so that gives us hope  
that if we could carve out

937

00:36:47,310 --> 00:36:49,620  
this space of what's  
possible and impossible,

938

00:36:49,620 --> 00:36:52,020  
it's probably at the boundary  
that the most interesting

939  
00:36:52,020 --> 00:36:55,140  
theories are if indeed such principles

940  
00:36:55,140 --> 00:36:59,056  
of wanting to go towards something.

941  
00:36:59,056 --> 00:37:01,410  
Like again, in countries we want

942  
00:37:01,410 --> 00:37:02,940  
to go towards the water or towards

943  
00:37:02,940 --> 00:37:04,576  
the warmer climate typically, right?

944  
00:37:04,576 --> 00:37:06,210  
And so there are these two principles

945  
00:37:06,210 --> 00:37:09,960  
that push you towards  
water or warmer climate.

946  
00:37:09,960 --> 00:37:11,490  
If there is something similar in physics

947  
00:37:11,490 --> 00:37:13,440  
that pushes you towards, I dunno,

948  
00:37:13,440 --> 00:37:15,212  
some information theoretical principle

949  
00:37:15,212 --> 00:37:17,550  
or some anthropic principle or something

950  
00:37:17,550 --> 00:37:20,400  
that pushes you in some  
particular direction,

951  
00:37:20,400 --> 00:37:22,470  
then you would expect interesting theories

952  
00:37:22,470 --> 00:37:23,640  
to lie at the boundary.

953  
00:37:23,640 --> 00:37:25,830  
So far that seems to  
be what we are finding

954  
00:37:25,830 --> 00:37:28,290  
when we study this space of  
the interesting theories.

955  
00:37:28,290 --> 00:37:29,850  
And then we try to put these crosses

956  
00:37:29,850 --> 00:37:31,530  
of we are here, we are here.

957  
00:37:31,530 --> 00:37:32,850  
Or interesting theories here.

958  
00:37:32,850 --> 00:37:34,770  
Another interesting theories there,

959  
00:37:34,770 --> 00:37:36,060  
these interesting theories

960  
00:37:36,060 --> 00:37:38,070  
and this crosses of where we are seem

961  
00:37:38,070 --> 00:37:39,840  
to indeed be very close to the boundary

962  
00:37:39,840 --> 00:37:41,400  
as far as we can tell.

963

00:37:41,400 --> 00:37:43,740

- One thing I really love  
about these explanations

964

00:37:43,740 --> 00:37:44,850

that you give is you're helping

965

00:37:44,850 --> 00:37:48,240

to have us develop these really  
nice pictures in our head.

966

00:37:48,240 --> 00:37:50,610

Just now you're telling  
us about these landscapes

967

00:37:50,610 --> 00:37:52,680

and peninsulas and making connections

968

00:37:52,680 --> 00:37:54,510

to the Canadian border.

969

00:37:54,510 --> 00:37:57,420

And earlier you were telling  
us about quantum field theory,

970

00:37:57,420 --> 00:37:58,988

you were talking about  
membranes and bubbles,

971

00:37:58,988 --> 00:38:00,480

these kinds of things.

972

00:38:00,480 --> 00:38:02,340

Rather than just having to resort to math,

973

00:38:02,340 --> 00:38:04,050

we can develop these nice pictures.

974

00:38:04,050 --> 00:38:07,230

I also looked at some of  
the titles of your papers

975

00:38:07,230 --> 00:38:08,850

and you had some other nice expressions,

976

00:38:08,850 --> 00:38:09,870

which I don't understand,

977

00:38:09,870 --> 00:38:12,270

but I can picture them  
like spinning hexagons.

978

00:38:12,270 --> 00:38:15,960

There was a paper about  
stampedes, non-zero bridges.

979

00:38:15,960 --> 00:38:18,330

So I'm just curious about  
these kinds of pictures

980

00:38:18,330 --> 00:38:19,590

that you help us to create

981

00:38:19,590 --> 00:38:21,090

when you're making these explanations.

982

00:38:21,090 --> 00:38:23,640

Is this fundamental to  
helping you to understand

983

00:38:23,640 --> 00:38:25,040

these concepts or is this something

984

00:38:25,040 --> 00:38:27,270

that you do to help communicate

985

00:38:27,270 --> 00:38:29,640

the work to the public at the end?

986

00:38:29,640 --> 00:38:30,930

– I think it's both.

987

00:38:30,930 --> 00:38:33,990

I think the style of physics that I do,

988

00:38:33,990 --> 00:38:35,290

I like to have a physical,

989

00:38:36,506 --> 00:38:38,850

to have some kind of  
picture of what's going on.

990

00:38:38,850 --> 00:38:40,440

– In your head or are you actually

991

00:38:40,440 --> 00:38:42,540

sketching out pictures as well?

992

00:38:42,540 --> 00:38:45,480

– Both, this stampede  
example, for example,

993

00:38:45,480 --> 00:38:49,980

is really literally processes  
where particles are moving

994

00:38:49,980 --> 00:38:52,980

in a tight space and therefore  
it's really like a stampede,

995

00:38:52,980 --> 00:38:54,480

they are moving and hitting each other

996

00:38:54,480 --> 00:38:57,207

and trying to pass from  
one point to the other.



997

00:38:57,207 --> 00:38:59,430

And you could ask could

998

00:38:59,430 --> 00:39:02,430

those type of stampede-like behavior

999

00:39:02,430 --> 00:39:06,120

happen at the most

fundamental level of nature?

1000

00:39:06,120 --> 00:39:08,130

Could gluons sometimes try to move

1001

00:39:08,130 --> 00:39:09,810

from one point to the other and be hitting

1002

00:39:09,810 --> 00:39:11,760

another gluon and say, get away,

1003

00:39:11,760 --> 00:39:12,600

let me pass.

1004

00:39:12,600 --> 00:39:13,920

And pushing each other and trying

1005

00:39:13,920 --> 00:39:15,720

to move from point like a stampede.

1006

00:39:15,720 --> 00:39:20,250

And indeed we found some

limits where in some physics

1007

00:39:20,250 --> 00:39:22,800

situations where particles are trying

1008

00:39:22,800 --> 00:39:25,800

to move at a speed of light

from one point to another.

1009

00:39:25,800 --> 00:39:28,800

And because they are forced  
to move at a speed of light,

1010

00:39:28,800 --> 00:39:30,240

if a bunch of particles are trying

1011

00:39:30,240 --> 00:39:31,830

to move at the same time  
at a speed of light,

1012

00:39:31,830 --> 00:39:33,150

they will be on top of each other.

1013

00:39:33,150 --> 00:39:34,740

There's only one speed of light.

1014

00:39:34,740 --> 00:39:36,180

And then they will make the stampedes

1015

00:39:36,180 --> 00:39:38,610

and they will try to  
interact with each other.

1016

00:39:38,610 --> 00:39:41,310

And that was cute because  
then we started, we looked,

1017

00:39:41,310 --> 00:39:44,940

and there are some techniques  
for studying this stampedes.

1018

00:39:44,940 --> 00:39:46,650

Actually people that study this stampedes,

1019

00:39:46,650 --> 00:39:48,960

they studied very different situations,

1020

00:39:48,960 --> 00:39:53,250  
like boarding an airplane,  
like who boards first,

1021

00:39:53,250 --> 00:39:54,870  
and maybe not in Canada,

1022

00:39:54,870 --> 00:39:56,820  
Canada probably people  
have board in a steady way,

1023

00:39:56,820 --> 00:39:59,280  
but if you're trying to board an airplane

1024

00:39:59,280 --> 00:40:01,407  
and you hit each other and so on,

1025

00:40:01,407 --> 00:40:04,080  
and or in traffic jams and so on

1026

00:40:04,080 --> 00:40:07,047  
when the cars need to slow  
down and accelerate and so on.

1027

00:40:07,047 --> 00:40:09,600  
And so there are techniques  
developed for counting

1028

00:40:09,600 --> 00:40:11,310  
how many ways it's possible to board

1029

00:40:11,310 --> 00:40:13,560  
an airplane or to move in traffic.

1030

00:40:13,560 --> 00:40:16,380  
And those same type of counting  
ways will be the same kind

1031

00:40:16,380 --> 00:40:18,930  
of counting techniques that  
we use to count how many ways

1032

00:40:18,930 --> 00:40:20,460  
the gluons can move when they have to move

1033

00:40:20,460 --> 00:40:23,550  
at the speed of light to  
go from point A to point B.

1034

00:40:23,550 --> 00:40:24,690  
- This is kind of going back

1035

00:40:24,690 --> 00:40:26,040  
to earlier when you were telling us

1036

00:40:26,040 --> 00:40:28,020  
about some of the tools that you make use

1037

00:40:28,020 --> 00:40:29,760  
of in studying these  
quantum field theories.

1038

00:40:29,760 --> 00:40:31,830  
And I know another one  
that you I think said,

1039

00:40:31,830 --> 00:40:34,140  
but we didn't talk about  
too much is holography,

1040

00:40:34,140 --> 00:40:36,480  
which is making some of these connections

1041

00:40:36,480 --> 00:40:37,890  
but in different dimensions.

1042

00:40:37,890 --> 00:40:39,390  
And could you tell us a little bit more

1043  
00:40:39,390 --> 00:40:41,610  
about this tool of holography?

1044  
00:40:41,610 --> 00:40:44,730  
– So before mentioning  
holography, let me mention again,

1045  
00:40:44,730 --> 00:40:46,740  
a little bit about this emergence.

1046  
00:40:46,740 --> 00:40:50,310  
So this emergence is the idea that,

1047  
00:40:50,310 --> 00:40:53,610  
so something that emerges  
that was not there again,

1048  
00:40:53,610 --> 00:40:55,980  
like the a beautiful chess game.

1049  
00:40:55,980 --> 00:40:57,900  
The chess game by itself is not beautiful.

1050  
00:40:57,900 --> 00:41:00,570  
Just the horse moves like  
an L and the pawn moves

1051  
00:41:00,570 --> 00:41:03,900  
by one step and then suddenly  
beauty comes out of it, right?

1052  
00:41:03,900 --> 00:41:05,040  
When the game is amazing.

1053  
00:41:05,040 --> 00:41:06,240  
So beauty was not there.

1054

00:41:06,240 --> 00:41:09,270

And then it comes about, it's  
the same thing with a fluid.

1055

00:41:09,270 --> 00:41:11,970

Like we said, a fluid  
is just made of atoms.

1056

00:41:11,970 --> 00:41:14,790

So this notion of something being fluid

1057

00:41:14,790 --> 00:41:16,530

and smooth and so on, it's an illusion,

1058

00:41:16,530 --> 00:41:17,550

it's something emergent,

1059

00:41:17,550 --> 00:41:21,150

it emerges because we are not  
looking very, very closely.

1060

00:41:21,150 --> 00:41:25,680

So we could say that a fluid  
emerges when we zoom out.

1061

00:41:25,680 --> 00:41:29,070

When we look from far away,  
then yes, a fluid exists,

1062

00:41:29,070 --> 00:41:33,420

A fluid makes sense, but when  
we go in, oh, it was fake.

1063

00:41:33,420 --> 00:41:34,620

Same with temperature.

1064

00:41:34,620 --> 00:41:35,760

What is temperature?

1065

00:41:35,760 --> 00:41:36,810

Temperature is nothing.

1066

00:41:36,810 --> 00:41:38,610

There's no such thing as temperature.

1067

00:41:38,610 --> 00:41:41,010

What exists are particles moving around.

1068

00:41:41,010 --> 00:41:42,960

If particles move very, very, very fast,

1069

00:41:42,960 --> 00:41:45,900

you put your hand there and  
the particles moving very fast

1070

00:41:45,900 --> 00:41:48,570

will hit the particles in your  
hand and now the particles

1071

00:41:48,570 --> 00:41:51,510

in your hand are moving very  
fast and your hand is warmer.

1072

00:41:51,510 --> 00:41:53,700

And that's what touching  
a hot thing means.

1073

00:41:53,700 --> 00:41:56,010

You touch a very cold thing,

1074

00:41:56,010 --> 00:41:58,980

the particles in the cold  
object are not moving.

1075

00:41:58,980 --> 00:42:00,660

So the ones in your hand, they are moving.

1076

00:42:00,660 --> 00:42:02,730

So you touch them and now  
the ones in your hand,

1077

00:42:02,730 --> 00:42:05,520

they shake the ones in the  
cold stuff and therefore they

1078

00:42:05,520 --> 00:42:08,610

lose energy because they  
have to waste energy

1079

00:42:08,610 --> 00:42:10,350

to wake the other ones up,

1080

00:42:10,350 --> 00:42:12,450

and therefore, your hand cools down.

1081

00:42:12,450 --> 00:42:15,780

So what exists are particles  
moving and particles dancing.

1082

00:42:15,780 --> 00:42:18,690

But what emerges is this  
notion of temperature,

1083

00:42:18,690 --> 00:42:21,480

is this idea that there is  
such thing as being hot,

1084

00:42:21,480 --> 00:42:22,590

being cold,

1085

00:42:22,590 --> 00:42:23,940

but again, that's emergent.

1086

00:42:23,940 --> 00:42:26,103

What's fundamental is particle moving.



1087

00:42:26,940 --> 00:42:30,300

Now in physics, it's not  
a shock if I tell you no,

1088

00:42:30,300 --> 00:42:31,133

it's not really,

1089

00:42:31,133 --> 00:42:32,670

temperature is not really  
something fundamental.

1090

00:42:32,670 --> 00:42:34,320

What's fundamental is particles, no,

1091

00:42:34,320 --> 00:42:35,850

fluid is not something fundamental.

1092

00:42:35,850 --> 00:42:37,560

What's fundamental is particles.

1093

00:42:37,560 --> 00:42:41,340

But a more recent idea that  
is pushing this idea of

1094

00:42:41,340 --> 00:42:45,510

emergence to an extrema is  
saying that perhaps even gravity,

1095

00:42:45,510 --> 00:42:48,040

even space-time is emergent,

1096

00:42:48,040 --> 00:42:50,160

perhaps even if you want reality.

1097

00:42:50,160 --> 00:42:52,500

Even us, we don't exist.

1098

00:42:52,500 --> 00:42:53,613

We are emergent.

1099

00:42:54,630 --> 00:42:56,820

And the idea is that we say in this room,

1100

00:42:56,820 --> 00:42:58,860

we are here in three dimensions, right?

1101

00:42:58,860 --> 00:43:01,620

We might be the image  
of a hologram, right?

1102

00:43:01,620 --> 00:43:04,100

Right, like Princess Leia,  
right, in "Star Wars", right?

1103

00:43:04,100 --> 00:43:07,140

So we might be a bunch of holograms here

1104

00:43:07,140 --> 00:43:08,190

and maybe we don't exist,

1105

00:43:08,190 --> 00:43:10,140

we are just projected holograms

1106

00:43:10,140 --> 00:43:12,030

into this three dimensional space.

1107

00:43:12,030 --> 00:43:14,910

But we are actually just being generated

1108

00:43:14,910 --> 00:43:19,080

by a 2D hologram at the  
boundary of the universe, say,

1109

00:43:19,080 --> 00:43:21,690

now this seems like a crazy idea, right?

1110

00:43:21,690 --> 00:43:24,300  
If I say we don't exist,  
gravity doesn't exist,

1111  
00:43:24,300 --> 00:43:26,430  
space-time doesn't  
exist, it's all emergent,

1112  
00:43:26,430 --> 00:43:29,430  
it's all an illusion, and  
we are all a hologram.

1113  
00:43:29,430 --> 00:43:30,480  
So let me tell you a little bit,

1114  
00:43:30,480 --> 00:43:33,630  
where would such strange idea come about?

1115  
00:43:33,630 --> 00:43:35,850  
That there could be  
something like a membrane,

1116  
00:43:35,850 --> 00:43:38,698  
a hologram that could  
describe something inside.

1117  
00:43:38,698 --> 00:43:41,070  
Now the idea comes from the following,

1118  
00:43:41,070 --> 00:43:43,110  
by thinking about information.

1119  
00:43:43,110 --> 00:43:46,170  
So there is this  
fundamental idea in physics,

1120  
00:43:46,170 --> 00:43:51,060  
which is that mass always  
grows, there's always more mass.

1121

00:43:51,060 --> 00:43:53,400

In physics, we call it entropy.

1122

00:43:53,400 --> 00:43:56,580

So entropy is always increasing.

1123

00:43:56,580 --> 00:44:00,600

You break a glass, you get  
pieces all over, right?

1124

00:44:00,600 --> 00:44:02,610

And the glass is not going  
to reconstruct itself

1125

00:44:02,610 --> 00:44:04,050

into a beautiful glass, right?

1126

00:44:04,050 --> 00:44:05,460

So things always increase.

1127

00:44:05,460 --> 00:44:07,200

The entropy is always increasing.

1128

00:44:07,200 --> 00:44:10,110

So we dying is because our entropy

1129

00:44:10,110 --> 00:44:11,220

is growing, growing, growing, growing,

1130

00:44:11,220 --> 00:44:12,243

eventually we die.

1131

00:44:13,440 --> 00:44:15,000

When we clean up our room,

1132

00:44:15,000 --> 00:44:17,010

something that's very popular these days,

1133  
00:44:17,010 --> 00:44:18,420  
you have to clean up your room.

1134  
00:44:18,420 --> 00:44:20,130  
When you clean up,

1135  
00:44:20,130 --> 00:44:21,360  
when you clean up your room.

1136  
00:44:21,360 --> 00:44:22,950  
- You're a father, aren't you?

1137  
00:44:22,950 --> 00:44:24,450  
- When you clean up your room,

1138  
00:44:25,470 --> 00:44:28,233  
you are reducing the  
entropy in the room, right?

1139  
00:44:29,160 --> 00:44:32,070  
But the entropy, I said,  
always needs to increase.

1140  
00:44:32,070 --> 00:44:34,980  
So what's happening is  
that to clean up the room

1141  
00:44:34,980 --> 00:44:36,630  
and to reduce the entropy of the room,

1142  
00:44:36,630 --> 00:44:39,440  
you are increasing your own inside entropy

1143  
00:44:39,440 --> 00:44:41,856  
and you are coming closer to being dead.

1144  
00:44:41,856 --> 00:44:44,760  
So-

1145  
00:44:44,760 --> 00:44:46,620  
- I've never thought of it that way.

1146  
00:44:46,620 --> 00:44:49,167  
- Yeah, so be careful.

1147  
00:44:49,167 --> 00:44:50,717  
You need to clean up your room.

1148  
00:44:52,178 --> 00:44:54,270  
So entropy always grows.

1149  
00:44:54,270 --> 00:44:56,490  
And so there is this notion of disorder,

1150  
00:44:56,490 --> 00:45:01,490  
and entropy also quantifies  
the amount of information.

1151  
00:45:01,950 --> 00:45:04,560  
If you have an empty  
room, it cannot be messy.

1152  
00:45:04,560 --> 00:45:06,060  
If you have a room full of books,

1153  
00:45:06,060 --> 00:45:07,050  
it can be very messy, right?

1154  
00:45:07,050 --> 00:45:08,610  
You can tear all the books apart,

1155  
00:45:08,610 --> 00:45:10,770  
throw pages around and so on.

1156  
00:45:10,770 --> 00:45:11,910  
So the more mess you have,

1157  
00:45:11,910 --> 00:45:14,670  
the more potential information you have.

1158  
00:45:14,670 --> 00:45:17,880  
Now, let's try to make a really, really,

1159  
00:45:17,880 --> 00:45:20,220  
really messy room by throwing more

1160  
00:45:20,220 --> 00:45:21,930  
and more stuff inside the room, right?

1161  
00:45:21,930 --> 00:45:23,880  
So we have this room and  
we keep throwing books

1162  
00:45:23,880 --> 00:45:26,160  
like we said, we throw some ketchup,

1163  
00:45:26,160 --> 00:45:27,900  
we throw lots of stuff inside

1164  
00:45:27,900 --> 00:45:30,540  
the room to make it really, really messy.

1165  
00:45:30,540 --> 00:45:31,800  
So what happens?

1166  
00:45:31,800 --> 00:45:34,590  
Well, what happens that at some  
point the room is so heavy,

1167  
00:45:34,590 --> 00:45:38,193  
so full, so big, so full of  
stuff, it forms a black hole.

1168  
00:45:39,060 --> 00:45:40,594

- So this is a thought experiment.

1169

00:45:40,594 --> 00:45:41,570

- This is an example.

1170

00:45:41,570 --> 00:45:43,290

- You haven't made a  
room this messy before.

1171

00:45:43,290 --> 00:45:44,961

- Well, you should say,

1172

00:45:44,961 --> 00:45:47,397

but no, not that messy.

1173

00:45:47,397 --> 00:45:49,080

- Not with ketchup.

1174

00:45:49,080 --> 00:45:51,180

- No, no, the ketchup was missing.

1175

00:45:51,180 --> 00:45:54,180

And so you have this idea  
that things can be messier

1176

00:45:54,180 --> 00:45:56,400

and messier and messier and messier

1177

00:45:56,400 --> 00:45:58,500

and eventually they form a black hole.

1178

00:45:58,500 --> 00:46:00,660

But if the mass is always increasing

1179

00:46:00,660 --> 00:46:01,980

and if you eventually form a black hole,

1180

00:46:01,980 --> 00:46:05,147



it means the black hole is  
the messier object there is,

1181

00:46:05,147 --> 00:46:07,230  
because it's the end  
point of a messier room.

1182

00:46:07,230 --> 00:46:12,230  
And so that means that the amount of mass,

1183

00:46:12,240 --> 00:46:16,280  
the amount of information  
is biggest in a ball.

1184

00:46:16,280 --> 00:46:18,660  
If that ball is a black hole, as we said,

1185

00:46:18,660 --> 00:46:19,770  
we put more and more stuff,

1186

00:46:19,770 --> 00:46:21,660  
more and one information is there inside

1187

00:46:21,660 --> 00:46:23,240  
and suddenly we have a black hole.

1188

00:46:23,240 --> 00:46:24,300  
On the other hand,

1189

00:46:24,300 --> 00:46:27,660  
a black hole because it's such  
a simple, after all, object,

1190

00:46:27,660 --> 00:46:29,460  
much simpler than a messy room.

1191

00:46:29,460 --> 00:46:32,190  
It's just a black ball where light gets in

1192

00:46:32,190 --> 00:46:35,130  
and cannot get out, there  
are things we can compute,

1193

00:46:35,130 --> 00:46:38,910  
we can study about black  
holes and we can quantify

1194

00:46:38,910 --> 00:46:42,600  
how much disorder, how  
much of this mess there is.

1195

00:46:42,600 --> 00:46:46,425  
When people compute with  
people like Bekenstein

1196

00:46:46,425 --> 00:46:48,600  
and Stephen Hawking and  
many people studied,

1197

00:46:48,600 --> 00:46:51,701  
asked what is the amount of  
disorder inside a black hole,

1198

00:46:51,701 --> 00:46:54,360  
they found a very surprising thing.

1199

00:46:54,360 --> 00:46:56,340  
The bigger the black hole,  
the bigger the disorder.

1200

00:46:56,340 --> 00:46:57,510  
That's normal, right?

1201

00:46:57,510 --> 00:46:59,640  
If a room is twice as as big,

1202

00:46:59,640 --> 00:47:02,220  
the disorder can be twice as big inside,

1203

00:47:02,220 --> 00:47:05,010  
but it was not proportional to  
the volume of the black hole.

1204

00:47:05,010 --> 00:47:07,320  
It was proportional to the  
area of the black hole.

1205

00:47:07,320 --> 00:47:09,360  
And that's very surprising, right?

1206

00:47:09,360 --> 00:47:11,820  
If you see a huge building  
and you see a building

1207

00:47:11,820 --> 00:47:14,130  
that the volume is twice  
as big, you say inside,

1208

00:47:14,130 --> 00:47:15,720  
that can be twice as much mess.

1209

00:47:15,720 --> 00:47:17,160  
You don't say the mess is proportional

1210

00:47:17,160 --> 00:47:18,780  
to the area of the building.

1211

00:47:18,780 --> 00:47:20,790  
When would you say that  
the mess is proportional

1212

00:47:20,790 --> 00:47:21,930  
to the area of the building?

1213

00:47:21,930 --> 00:47:24,000  
If all the mess is in the wall,

1214  
00:47:24,000 --> 00:47:27,360  
that's the only scenario where  
you would say if a building,

1215  
00:47:27,360 --> 00:47:31,440  
if a room doubles in  
area, the mass doubles,

1216  
00:47:31,440 --> 00:47:32,970  
if someone tells you  
that, then you say, oh,

1217  
00:47:32,970 --> 00:47:34,890  
inside that room you just have

1218  
00:47:34,890 --> 00:47:37,350  
a bunch of papers on the wall, right?

1219  
00:47:37,350 --> 00:47:39,330  
Like the serial killer  
investigators, right?

1220  
00:47:39,330 --> 00:47:44,330  
With all these strings and  
newspaper clips and so on,

1221  
00:47:44,760 --> 00:47:45,840  
everything is on the walls.

1222  
00:47:45,840 --> 00:47:47,670  
There's nothing in the middle, right?

1223  
00:47:47,670 --> 00:47:51,690  
Because then the wall surface  
doubles and the mass doubles.

1224  
00:47:51,690 --> 00:47:53,490  
And so what we are saying is

1225

00:47:53,490 --> 00:47:57,240  
that we were throwing  
information in this room,

1226

00:47:57,240 --> 00:47:58,500  
we form a black hole,

1227

00:47:58,500 --> 00:48:00,510  
and now we can describe this black hole

1228

00:48:00,510 --> 00:48:03,450  
and the amount of information  
is only at the boundary.

1229

00:48:03,450 --> 00:48:04,770  
It's only at the walls.

1230

00:48:04,770 --> 00:48:06,660  
It's only at the end.

1231

00:48:06,660 --> 00:48:09,420  
Well, but then if you take this seriously,

1232

00:48:09,420 --> 00:48:12,390  
it means that you should be able,

1233

00:48:12,390 --> 00:48:14,610  
if even in the most extreme situation

1234

00:48:14,610 --> 00:48:16,680  
where you have the most  
amount of information,

1235

00:48:16,680 --> 00:48:19,800  
if it's possible to describe  
it just by looking at the wall,

1236

00:48:19,800 --> 00:48:22,230

when you have less, you  
should also be able to.

1237

00:48:22,230 --> 00:48:24,750  
And so the ultimate conclusion  
of this crazy thought

1238

00:48:24,750 --> 00:48:27,540  
experiment is that you  
should be able to describe

1239

00:48:27,540 --> 00:48:29,640  
what's inside the universe by describing

1240

00:48:29,640 --> 00:48:31,800  
the boundary of the universe.

1241

00:48:31,800 --> 00:48:34,037  
Now, this could be a dinner chat, right?

1242

00:48:34,037 --> 00:48:35,670  
I mean we are having some drinks

1243

00:48:35,670 --> 00:48:38,580  
and we are having some fun,

1244

00:48:38,580 --> 00:48:41,280  
and we come up with these crazy ideas.

1245

00:48:41,280 --> 00:48:43,473  
But then in '97,

1246

00:48:43,473 --> 00:48:47,340  
Maldacena said this is  
not just a crazy idea.

1247

00:48:47,340 --> 00:48:49,680  
Here is one theory of quantum gravity

1248

00:48:49,680 --> 00:48:52,740  
that describes an example  
of what could be a universe.

1249

00:48:52,740 --> 00:48:54,690  
And here is an hologram at the boundary

1250

00:48:54,690 --> 00:48:57,330  
of this universe and they  
should be the same thing.

1251

00:48:57,330 --> 00:49:01,650  
And this idea that you could  
not only speculatively,

1252

00:49:01,650 --> 00:49:06,650  
but really write equations  
that says this reality is equal

1253

00:49:06,750 --> 00:49:09,600  
to this description in  
terms of an hologram

1254

00:49:09,600 --> 00:49:12,150  
that is just at the  
boundary of the universe

1255

00:49:12,150 --> 00:49:13,890  
is what's called holography,

1256

00:49:13,890 --> 00:49:16,608  
also goes by the name of ADSCFT,

1257

00:49:16,608 --> 00:49:18,570  
or gauge gravity dualities.

1258

00:49:18,570 --> 00:49:21,330  
These are all names for the same thing.

1259  
00:49:21,330 --> 00:49:24,450  
And it's a concrete  
realization of what was before

1260  
00:49:24,450 --> 00:49:26,610  
a crazy idea that came mostly

1261  
00:49:26,610 --> 00:49:29,160  
from the thought experiments  
with the black holes.

1262  
00:49:29,160 --> 00:49:30,630  
Because if the idea is that everything

1263  
00:49:30,630 --> 00:49:32,310  
can be described by the walls,

1264  
00:49:32,310 --> 00:49:34,710  
but we don't feel like we  
are stuck to the wall, right?

1265  
00:49:34,710 --> 00:49:36,000  
We feel like we are here.

1266  
00:49:36,000 --> 00:49:37,560  
So what's the way out?

1267  
00:49:37,560 --> 00:49:38,880  
Everything is described by the wall,

1268  
00:49:38,880 --> 00:49:39,900  
but we feel like we are here.

1269  
00:49:39,900 --> 00:49:43,110  
Well, then maybe we are a  
hologram projected from the wall

1270  
00:49:43,110 --> 00:49:45,540



and maybe all the  
information is on the wall.

1271

00:49:45,540 --> 00:49:46,860  
And if you really look at the wall,

1272

00:49:46,860 --> 00:49:48,360  
you see all the rules of the game,

1273

00:49:48,360 --> 00:49:50,130  
the analog of the atoms in the water,

1274

00:49:50,130 --> 00:49:52,050  
and you see in the wall,

1275

00:49:52,050 --> 00:49:54,690  
the electrons in the chips  
and the quantum computer

1276

00:49:54,690 --> 00:49:56,340  
that is at the boundary of the universe.

1277

00:49:56,340 --> 00:49:57,690  
And do, do, do, do, do, do.

1278

00:49:58,740 --> 00:50:01,650  
But then from far away you  
have this princess Leia's,

1279

00:50:01,650 --> 00:50:02,490  
which are us,

1280

00:50:02,490 --> 00:50:07,490  
and this hologram is being  
projected in and we emerge.

1281

00:50:07,560 --> 00:50:10,830  
And even the inside of the  
wall, the universe, the space,

1282  
00:50:10,830 --> 00:50:12,780  
the gravity would emerge.

1283  
00:50:12,780 --> 00:50:15,570  
We would all be emergent concepts

1284  
00:50:15,570 --> 00:50:19,110  
that would be produced  
by this quantum hologram.

1285  
00:50:19,110 --> 00:50:21,600  
This idea would've far  
reaching implications

1286  
00:50:21,600 --> 00:50:25,260  
because it would tell you that gravity,

1287  
00:50:25,260 --> 00:50:27,600  
for example, would be emergent.

1288  
00:50:27,600 --> 00:50:30,810  
And at some point we said  
it's very hard to put gravity

1289  
00:50:30,810 --> 00:50:34,590  
and quantum mechanics together  
and what this idea would say,

1290  
00:50:34,590 --> 00:50:35,940  
yeah, throw away gravity.

1291  
00:50:35,940 --> 00:50:37,620  
Gravity doesn't exist.

1292  
00:50:37,620 --> 00:50:39,060  
Gravity is emergent.

1293

00:50:39,060 --> 00:50:40,530  
All there exists is quantum mechanics

1294  
00:50:40,530 --> 00:50:41,610  
in this quantum computer.

1295  
00:50:41,610 --> 00:50:42,840  
That's the hologram.

1296  
00:50:42,840 --> 00:50:44,760  
And then gravity is fake news.

1297  
00:50:44,760 --> 00:50:46,985  
It's just you think there's gravity,

1298  
00:50:46,985 --> 00:50:48,240  
but it's like you have a hologram

1299  
00:50:48,240 --> 00:50:51,330  
of a colibri flying here  
and it's not flying,

1300  
00:50:51,330 --> 00:50:53,220  
it's just a hologram.

1301  
00:50:53,220 --> 00:50:54,960  
That could be how the world works.

1302  
00:50:54,960 --> 00:50:56,613  
Maybe the world is holographic.

1303  
00:50:57,630 --> 00:50:58,463  
- Well, Pedro,

1304  
00:50:58,463 --> 00:50:59,820  
we'd like to share with you now a question

1305  
00:50:59,820 --> 00:51:01,500

that was sent in by a student.

1306

00:51:01,500 --> 00:51:02,970

She'd like to ask you to say

1307

00:51:02,970 --> 00:51:05,283

a little bit more about ADSCFT.

1308

00:51:06,150 --> 00:51:08,160

- Hi, my name is Anna.

1309

00:51:08,160 --> 00:51:10,833

I'm currently a sci student

at Perimeter Institute,

1310

00:51:10,833 --> 00:51:12,753

and I have the following question.

1311

00:51:12,753 --> 00:51:16,050

Could you give the main gist

1312

00:51:16,050 --> 00:51:19,420

of the so-called ADSCFT correspondence

1313

00:51:20,280 --> 00:51:21,690

and explain why people

1314

00:51:21,690 --> 00:51:25,560

in your research community

are so interested in it,

1315

00:51:25,560 --> 00:51:28,560

even though we probably

live in a different type of

1316

00:51:28,560 --> 00:51:32,853

universe, not anti-De

Sitter, but De Sitter space.

1317  
00:51:34,560 --> 00:51:37,920  
- Let me go one step back  
and say we have this thought

1318  
00:51:37,920 --> 00:51:42,920  
experiment of the messy room  
that led us to this idea

1319  
00:51:42,960 --> 00:51:47,960  
that there should be some  
hologram description of reality.

1320  
00:51:48,780 --> 00:51:52,620  
Someone tells you that it's  
like one of those emails,

1321  
00:51:52,620 --> 00:51:53,670  
I have a theory about everything,

1322  
00:51:53,670 --> 00:51:55,770  
but okay fine.

1323  
00:51:55,770 --> 00:51:57,060  
- We do get a lot of those emails.

1324  
00:51:57,060 --> 00:51:59,178  
- We do get a lot of those.

1325  
00:51:59,178 --> 00:52:00,011  
Okay, what can I do?

1326  
00:52:00,011 --> 00:52:01,680  
You have to be a bit more specific,

1327  
00:52:01,680 --> 00:52:03,480  
and it's hard and I don't know.

1328  
00:52:03,480 --> 00:52:05,340

And no one knows what's the hologram

1329

00:52:05,340 --> 00:52:07,500

that describes our universe.

1330

00:52:07,500 --> 00:52:10,680

Then we ask, is there a toy universe,

1331

00:52:10,680 --> 00:52:13,440

a toy theory that we can play with,

1332

00:52:13,440 --> 00:52:15,240

which would be an alternative universe,

1333

00:52:15,240 --> 00:52:18,930

A simpler one where you  
would have, in that universe,

1334

00:52:18,930 --> 00:52:20,250

you would still have gravity,

1335

00:52:20,250 --> 00:52:22,418

you would still have particles,

1336

00:52:22,418 --> 00:52:23,427

but it would be a toy theory.

1337

00:52:23,427 --> 00:52:24,870

And in that toy theory,

1338

00:52:24,870 --> 00:52:27,540

you can make these ideas  
precise and at least you have

1339

00:52:27,540 --> 00:52:29,790

a mental laboratory where you can exercise

1340

00:52:29,790 --> 00:52:31,153

and practice and test these ideas

1341

00:52:31,153 --> 00:52:34,470

and see if they make sense  
and push them forward.

1342

00:52:34,470 --> 00:52:37,230

And it's related to this bottom  
up and top down approach.

1343

00:52:37,230 --> 00:52:40,170

And I never know which one  
that Lauren was referring to.

1344

00:52:40,170 --> 00:52:42,270

And that would be amazing.

1345

00:52:42,270 --> 00:52:44,700

And indeed we were able to make

1346

00:52:44,700 --> 00:52:47,520

these ideas precise in some toy examples.

1347

00:52:47,520 --> 00:52:48,870

And this question was referring

1348

00:52:48,870 --> 00:52:53,130

to that the examples we describe,

1349

00:52:53,130 --> 00:52:55,620

we manage to make this precise are toys.

1350

00:52:55,620 --> 00:52:56,787

They're not the real thing.

1351

00:52:56,787 --> 00:52:58,440

And so given that they are toys,

1352

00:52:58,440 --> 00:53:00,090  
why do we like them so much, right?

1353  
00:53:00,090 --> 00:53:01,590  
Why don't we care about the real thing

1354  
00:53:01,590 --> 00:53:03,022  
and not about the toy?

1355  
00:53:03,022 --> 00:53:05,670  
And as usual, the answer is,

1356  
00:53:05,670 --> 00:53:09,591  
we start first trying to  
understand these toys.

1357  
00:53:09,591 --> 00:53:11,790  
And now there are two possibilities.

1358  
00:53:11,790 --> 00:53:13,410  
Some people will try to make

1359  
00:53:13,410 --> 00:53:15,360  
this toys more and more realistic.

1360  
00:53:15,360 --> 00:53:18,180  
Try to say, I will try to add more

1361  
00:53:18,180 --> 00:53:19,920  
and more ingredients to make this

1362  
00:53:19,920 --> 00:53:22,110  
more closer and closer to the real world.

1363  
00:53:22,110 --> 00:53:24,480  
Some people will stay longer  
with the toys and say, no,

1364



00:53:24,480 --> 00:53:26,850  
I want to play with this toy a bit longer.

1365  
00:53:26,850 --> 00:53:28,470  
I want to go deeper and deeper

1366  
00:53:28,470 --> 00:53:30,840  
and try to extract more  
lessons from this toy.

1367  
00:53:30,840 --> 00:53:33,150  
And it's a spectrum.

1368  
00:53:33,150 --> 00:53:35,730  
ADS is related to the name of this toy.

1369  
00:53:35,730 --> 00:53:39,952  
It turns out that it's better  
to describe this holograms.

1370  
00:53:39,952 --> 00:53:42,240  
If there is a wall we have,

1371  
00:53:42,240 --> 00:53:44,340  
we need a wall to hang the hologram.

1372  
00:53:44,340 --> 00:53:46,672  
And if you have just a regular space-time,

1373  
00:53:46,672 --> 00:53:48,840  
imagine space-time that goes on forever.

1374  
00:53:48,840 --> 00:53:50,160  
Where's the wall?

1375  
00:53:50,160 --> 00:53:51,090  
There's no end.

1376

00:53:51,090 --> 00:53:52,500  
You just go, go, go, go.

1377  
00:53:52,500 --> 00:53:53,730  
When you are waiting for a place

1378  
00:53:53,730 --> 00:53:56,550  
to hang the hologram  
and you don't find one.

1379  
00:53:56,550 --> 00:54:00,510  
So it would be better if your  
space-time was a very big box

1380  
00:54:00,510 --> 00:54:02,970  
because when your space-time  
is a very big box,

1381  
00:54:02,970 --> 00:54:04,410  
you go to the boundary of the box

1382  
00:54:04,410 --> 00:54:05,910  
and put the hologram there.

1383  
00:54:05,910 --> 00:54:09,150  
And ADS, it's a space-time that's a box.

1384  
00:54:09,150 --> 00:54:12,150  
There is an end where you  
can put this hologram.

1385  
00:54:12,150 --> 00:54:13,950  
Now I should say it's a fantastic box.

1386  
00:54:13,950 --> 00:54:15,030  
It's not a random box.

1387  
00:54:15,030 --> 00:54:17,124  
Let me tell you something special about,

1388  
00:54:17,124 --> 00:54:20,190  
let me give you an example.

1389  
00:54:20,190 --> 00:54:22,230  
Take a shoebox, right?

1390  
00:54:22,230 --> 00:54:23,610  
There is a midpoint.

1391  
00:54:23,610 --> 00:54:25,410  
There is a point which  
is the middle, right?

1392  
00:54:25,410 --> 00:54:27,630  
And then there are the corners  
and the walls and so on.

1393  
00:54:27,630 --> 00:54:30,360  
But there is a special point  
which is the middle of the box.

1394  
00:54:30,360 --> 00:54:33,270  
This anti-De Sitter is a  
box, but there's no middle.

1395  
00:54:33,270 --> 00:54:34,410  
All points are the same.

1396  
00:54:34,410 --> 00:54:35,640  
There's no special point.

1397  
00:54:35,640 --> 00:54:37,110  
It's a strange box.

1398  
00:54:37,110 --> 00:54:38,400  
Why do I call it a box?

1399

00:54:38,400 --> 00:54:39,870  
What is special about the box?

1400  
00:54:39,870 --> 00:54:43,081  
Because I take this red ball  
here and I throw the red ball

1401  
00:54:43,081 --> 00:54:46,110  
and I'm talking to you and I  
get hit by the red ball again.

1402  
00:54:46,110 --> 00:54:47,970  
So I say this is a box.

1403  
00:54:47,970 --> 00:54:50,730  
I throw the ball and the ball comes back

1404  
00:54:50,730 --> 00:54:53,190  
and I'm here and I throw this  
red ball and I get it back,

1405  
00:54:53,190 --> 00:54:55,398  
I throw it and I get it back.  
I throw it and I get it back.

1406  
00:54:55,398 --> 00:54:57,120  
And doesn't matter which direction

1407  
00:54:57,120 --> 00:54:58,620  
I throw it and I get it back.

1408  
00:54:58,620 --> 00:55:00,810  
And doesn't matter where  
I am in space-time,

1409  
00:55:00,810 --> 00:55:02,940  
When I throw the red ball, I get it back.

1410  
00:55:02,940 --> 00:55:04,740

So in that sense, there is no center.

1411

00:55:04,740 --> 00:55:05,670

It's all the same,

1412

00:55:05,670 --> 00:55:07,380

whatever you are, you take a red ball,

1413

00:55:07,380 --> 00:55:08,340

you throw in the red ball,

1414

00:55:08,340 --> 00:55:10,200

you receive the red ball back.

1415

00:55:10,200 --> 00:55:11,850

So you feel like a box.

1416

00:55:11,850 --> 00:55:13,350

But if I feel like a box,

1417

00:55:13,350 --> 00:55:14,880

Colin feels like a box.

1418

00:55:14,880 --> 00:55:17,070

Everyone feels like being  
at the center of the box.

1419

00:55:17,070 --> 00:55:19,200

It's very democratic box.

1420

00:55:19,200 --> 00:55:21,780

So it's the most perfect box there is.

1421

00:55:21,780 --> 00:55:23,010

It's called ADS.

1422

00:55:23,010 --> 00:55:24,480

It stands for anti-De Sitter,

1423

00:55:24,480 --> 00:55:28,800  
which is the name of a geometer  
that thought about this box.

1424

00:55:28,800 --> 00:55:31,410  
And in this box, in this very big box,

1425

00:55:31,410 --> 00:55:33,150  
we understand that what happens inside

1426

00:55:33,150 --> 00:55:34,290  
the box can be described

1427

00:55:34,290 --> 00:55:36,570  
by a hologram at the boundary of this box.

1428

00:55:36,570 --> 00:55:37,950  
Now we don't live in a box,

1429

00:55:37,950 --> 00:55:39,780  
at least we don't know  
if we live in a box.

1430

00:55:39,780 --> 00:55:40,890  
Maybe we do.

1431

00:55:40,890 --> 00:55:43,530  
Maybe the boundary is  
very, very far, far away.

1432

00:55:43,530 --> 00:55:46,590  
But one thing you could  
say is that whether we live

1433

00:55:46,590 --> 00:55:49,729  
in the box or not should not  
matter if the box is huge.

1434

00:55:49,729 --> 00:55:54,270

Should the rules of  
physics here for us change?

1435

00:55:54,270 --> 00:55:57,030

If in the gazillion, gazillion,

1436

00:55:57,030 --> 00:55:59,580

gazillion parsecs there is a wall?

1437

00:55:59,580 --> 00:56:00,930

Probably not.

1438

00:56:00,930 --> 00:56:03,720

It's really, really super, super far away.

1439

00:56:03,720 --> 00:56:04,680

Who cares.

1440

00:56:04,680 --> 00:56:06,690

From that point of view, some people,

1441

00:56:06,690 --> 00:56:10,907

I would say that if you  
can think of physics

1442

00:56:10,907 --> 00:56:14,040

with a fake box provided you say the box

1443

00:56:14,040 --> 00:56:15,330

is big enough and if with

1444

00:56:15,330 --> 00:56:18,090

that fake box you can  
describe what's inside,

1445

00:56:18,090 --> 00:56:20,400

you can always pretend

the box is big enough

1446

00:56:20,400 --> 00:56:21,300

that it doesn't matter

1447

00:56:21,300 --> 00:56:23,430

that if we are inside the box or not.

1448

00:56:23,430 --> 00:56:25,350

So if you can learn something  
about physics inside

1449

00:56:25,350 --> 00:56:29,070

the box from a big box,  
that's good enough.

1450

00:56:29,070 --> 00:56:32,670

But I say this because I don't  
know how to do holography

1451

00:56:32,670 --> 00:56:34,860

if I have no box, if I  
knew I wouldn't say this,

1452

00:56:34,860 --> 00:56:36,660

I would just do holography  
without the box.

1453

00:56:36,660 --> 00:56:39,540

If I knew how to realize  
this crazy holographic

1454

00:56:39,540 --> 00:56:43,500

ideas directly in our universe,  
which goes on forever,

1455

00:56:43,500 --> 00:56:45,020

I would prefer that.

1456



00:56:45,020 --> 00:56:46,200  
And so some people are trying,

1457  
00:56:46,200 --> 00:56:49,230  
some even some people here  
at Perimeter like Sabrina

1458  
00:56:49,230 --> 00:56:51,150  
and others are trying to study better

1459  
00:56:51,150 --> 00:56:53,640  
what happens at infinity in the universe.

1460  
00:56:53,640 --> 00:56:56,580  
And is it really impossible  
to put an hologram there?

1461  
00:56:56,580 --> 00:56:58,440  
Do we really need a box?

1462  
00:56:58,440 --> 00:57:00,480  
It'll be very difficult.

1463  
00:57:00,480 --> 00:57:02,736  
So there are things to  
understand and things

1464  
00:57:02,736 --> 00:57:06,930  
get even more subtle when  
you think about cosmology.

1465  
00:57:06,930 --> 00:57:09,180  
When you think that the  
universe is expanding

1466  
00:57:09,180 --> 00:57:12,720  
and it's growing and then  
it's even harder to imagine,

1467

00:57:12,720 --> 00:57:14,940  
where do you put the hologram?

1468  
00:57:14,940 --> 00:57:16,230  
- And we have one more question

1469  
00:57:16,230 --> 00:57:18,150  
that was sent in from another colleague

1470  
00:57:18,150 --> 00:57:19,593  
of ours here at Perimeter.

1471  
00:57:20,460 --> 00:57:23,340  
- I'm Dao from Perimeter Institute.

1472  
00:57:23,340 --> 00:57:27,180  
A question is that I have heard

1473  
00:57:27,180 --> 00:57:29,550  
that you said you have solved

1474  
00:57:29,550 --> 00:57:32,370  
a quantum field theory a few times.

1475  
00:57:32,370 --> 00:57:34,590  
I wonder what that exactly mean

1476  
00:57:34,590 --> 00:57:38,880  
and when will we actually  
solve quantum field theory?

1477  
00:57:38,880 --> 00:57:42,180  
- So why do we say solving?

1478  
00:57:42,180 --> 00:57:44,010  
Solving means computing.

1479  
00:57:44,010 --> 00:57:46,290

If I want to study a physical quantity,

1480

00:57:46,290 --> 00:57:47,970

we have to take our theory

1481

00:57:47,970 --> 00:57:50,670

and understand what are  
the rules of the theory,

1482

00:57:50,670 --> 00:57:52,380

what's the outcome of the experiment

1483

00:57:52,380 --> 00:57:53,760

and how do I go from the rules

1484

00:57:53,760 --> 00:57:55,440

to the outcome of the experiment?

1485

00:57:55,440 --> 00:57:58,410

Sometimes we can bypass that  
step by doing this bootstrap

1486

00:57:58,410 --> 00:58:01,800

kind of ideas and studying  
what's possible and impossible.

1487

00:58:01,800 --> 00:58:05,880

But then we have toy  
theories and real theories.

1488

00:58:05,880 --> 00:58:08,640

So again, it's like describing say

1489

00:58:08,640 --> 00:58:11,010

the trajectory of a tennis ball, right?

1490

00:58:11,010 --> 00:58:12,570

If I just say it's a parabola,

1491  
00:58:12,570 --> 00:58:15,150  
there's gravity and so on, it's easy.

1492  
00:58:15,150 --> 00:58:18,480  
If I say no, but there's  
wind now it's a bit harder.

1493  
00:58:18,480 --> 00:58:19,800  
Pieces of the ball are falling

1494  
00:58:19,800 --> 00:58:21,240  
as it's going now it's harder.

1495  
00:58:21,240 --> 00:58:23,520  
So the more realistic  
you make it harder it is.

1496  
00:58:23,520 --> 00:58:25,770  
And you can never really do a perfect job.

1497  
00:58:25,770 --> 00:58:27,480  
You do better and better and better,

1498  
00:58:27,480 --> 00:58:30,510  
but there's always more  
effects to take into account.

1499  
00:58:30,510 --> 00:58:32,700  
So when are we going to solve

1500  
00:58:32,700 --> 00:58:34,620  
real world quantum field theory

1501  
00:58:34,620 --> 00:58:39,450  
and be able to wake up and  
with a clean page of paper

1502  
00:58:39,450 --> 00:58:41,820

and at the end of the page  
compute a mass of the proton?

1503

00:58:41,820 --> 00:58:42,810  
I don't know.

1504

00:58:42,810 --> 00:58:45,750  
That would be amazing if I could compute

1505

00:58:45,750 --> 00:58:49,080  
a mass of the proton even with  
two digits in my lifetime,

1506

00:58:49,080 --> 00:58:50,760  
I would be delighted.

1507

00:58:50,760 --> 00:58:52,230  
We know the answer to this, right?

1508

00:58:52,230 --> 00:58:54,988  
We can put it in computers  
or we can measure it.

1509

00:58:54,988 --> 00:58:57,240  
We can take a scale and and figure it out.

1510

00:58:57,240 --> 00:59:00,150  
But computing it from first  
principles we don't know.

1511

00:59:00,150 --> 00:59:02,280  
Now on the other hand,

1512

00:59:02,280 --> 00:59:04,890  
solving quantum field theory  
means developing techniques,

1513

00:59:04,890 --> 00:59:07,320  
new techniques that we can use

1514

00:59:07,320 --> 00:59:10,080  
to do better and better  
in quantum field theory.

1515

00:59:10,080 --> 00:59:12,960  
And that requires solving  
these toy theories

1516

00:59:12,960 --> 00:59:14,460  
and understanding how to develop

1517

00:59:14,460 --> 00:59:16,563  
these techniques in simplified examples.

1518

00:59:17,400 --> 00:59:20,700  
In the same way that if  
you want to solve chess,

1519

00:59:20,700 --> 00:59:22,020  
you will solve checkers first.

1520

00:59:22,020 --> 00:59:22,920  
It's easier, right?

1521

00:59:22,920 --> 00:59:25,860  
You will develop computer  
techniques for counting all

1522

00:59:25,860 --> 00:59:27,690  
possible checkers or for developing

1523

00:59:27,690 --> 00:59:29,640  
artificial intelligence,  
for solving checkers.

1524

00:59:29,640 --> 00:59:31,950  
And then you'll apply  
to chess and then to go

1525

00:59:31,950 --> 00:59:35,883  
and eventually to give  
dating advices and so on.

1526

00:59:37,440 --> 00:59:39,390  
So the more complicated it goes,

1527

00:59:39,390 --> 00:59:41,760  
you will develop step by step, right?

1528

00:59:41,760 --> 00:59:44,100  
And so similarly with physics,

1529

00:59:44,100 --> 00:59:48,000  
what we want to do is be able  
to tame these quantum effects

1530

00:59:48,000 --> 00:59:51,570  
and in particular these  
strong quantum effects

1531

00:59:51,570 --> 00:59:54,480  
in the analog of checkers, in  
the simplest possible case,

1532

00:59:54,480 --> 00:59:57,120  
let's have at least one  
example where we can do it.

1533

00:59:57,120 --> 00:59:59,400  
And if we can really  
nail one example down,

1534

00:59:59,400 --> 01:00:01,710  
everyone will believe, okay,  
now it's a question of time.

1535

01:00:01,710 --> 01:00:03,720

We have to work harder,  
but we'll do the next,

1536

01:00:03,720 --> 01:00:06,463  
we'll do chess and then  
we'll do go, et cetera.

1537

01:00:06,463 --> 01:00:08,460  
But we need the first example.

1538

01:00:08,460 --> 01:00:13,410  
And it was the case in  
other areas of physics

1539

01:00:13,410 --> 01:00:15,300  
before like statistical mechanics,

1540

01:00:15,300 --> 01:00:19,140  
we needed to solve one  
statistical mechanics system.

1541

01:00:19,140 --> 01:00:22,410  
And there was a beautiful  
solution in '49 I believe,

1542

01:00:22,410 --> 01:00:24,570  
of the so-called two  
dimensionalizing model,

1543

01:00:24,570 --> 01:00:27,120  
which is a particular  
model in two dimensions

1544

01:00:27,120 --> 01:00:28,530  
of statistical mechanics

1545

01:00:28,530 --> 01:00:30,750  
of a particular two-dimensional material.

1546



01:00:30,750 --> 01:00:32,550

And it was the first example

1547

01:00:32,550 --> 01:00:35,070

that was possible to solve exactly.

1548

01:00:35,070 --> 01:00:36,510

And then it was like a Pandora box.

1549

01:00:36,510 --> 01:00:39,240

Once that one has solved many  
others followed afterwards

1550

01:00:39,240 --> 01:00:41,370

and we learned many general lessons

1551

01:00:41,370 --> 01:00:43,650

about phase transitions  
and properties of matter,

1552

01:00:43,650 --> 01:00:46,380

and so on, the energy  
levels of the hydrogen atom

1553

01:00:46,380 --> 01:00:47,970

that we learn in school,

1554

01:00:47,970 --> 01:00:50,580

it was crucial to have  
that one solution exactly.

1555

01:00:50,580 --> 01:00:53,220

And then we developed  
techniques, sometimes exact,

1556

01:00:53,220 --> 01:00:55,470

sometimes approximate for  
studying many other atoms.

1557

01:00:55,470 --> 01:00:57,510  
And now we know chemistry.

1558  
01:00:57,510 --> 01:01:00,220  
And so it's often about

1559  
01:01:01,920 --> 01:01:06,540  
breaking this barrier of  
solving a quantum field theory.

1560  
01:01:06,540 --> 01:01:09,540  
Solving a quantum field  
theory is like solving a game.

1561  
01:01:09,540 --> 01:01:13,290  
And there are easier games  
and more complicated games.

1562  
01:01:13,290 --> 01:01:18,120  
And even solving a game can  
mean many things like chess

1563  
01:01:18,120 --> 01:01:20,670  
is solved when you have  
seven pieces on the board.

1564  
01:01:20,670 --> 01:01:21,870  
If you have more than seven,

1565  
01:01:21,870 --> 01:01:23,607  
it's not completely solved yet.

1566  
01:01:23,607 --> 01:01:25,800  
So chess with seven pieces done,

1567  
01:01:25,800 --> 01:01:28,230  
chess with nine pieces not done yet.

1568  
01:01:28,230 --> 01:01:30,315

Similarly, in some quantum field theories,

1569

01:01:30,315 --> 01:01:33,330

we managed to understand for example

1570

01:01:33,330 --> 01:01:35,370

the analog of the spectrum  
of the hydrogen atom.

1571

01:01:35,370 --> 01:01:38,100

What are the energies  
of that quantum theory?

1572

01:01:38,100 --> 01:01:40,460

What energies can the states have?

1573

01:01:40,460 --> 01:01:42,270

So that was something that we did

1574

01:01:42,270 --> 01:01:44,610

and that was probably greatly

1575

01:01:44,610 --> 01:01:45,930

why I am at Perimeter was

1576

01:01:45,930 --> 01:01:47,370

because we solved that problem.

1577

01:01:47,370 --> 01:01:48,480

That was a tough problem,

1578

01:01:48,480 --> 01:01:50,400

that was an open problem in the field.

1579

01:01:50,400 --> 01:01:52,680

How do we compute those energy levels?

1580

01:01:52,680 --> 01:01:53,820

But that's the zero.

1581

01:01:53,820 --> 01:01:54,990

The first thing we ask about

1582

01:01:54,990 --> 01:01:57,523

the nitrogen atom is what

are the energy levels?

1583

01:01:57,523 --> 01:01:59,070

Then we ask, okay,

1584

01:01:59,070 --> 01:02:00,540

now I take two hydrogen atoms

1585

01:02:00,540 --> 01:02:01,710

and I throw them against each other.

1586

01:02:01,710 --> 01:02:02,543

What happens?

1587

01:02:02,543 --> 01:02:04,920

Oh, that's much harder than  
just studying the energy level.

1588

01:02:04,920 --> 01:02:06,000

And then once we do that,

1589

01:02:06,000 --> 01:02:09,360

we ask the next question and  
that's like solving chess

1590

01:02:09,360 --> 01:02:12,690

step by step and in more and  
more complicated situation.

1591

01:02:12,690 --> 01:02:14,340

- So it's like you start with a toy,

1592

01:02:14,340 --> 01:02:15,900  
you solve that toy model,

1593

01:02:15,900 --> 01:02:17,880  
you make a more complicated  
toy, you solve that.

1594

01:02:17,880 --> 01:02:20,400  
And maybe someday this  
toy can be so complicated

1595

01:02:20,400 --> 01:02:23,310  
that we can solve it and  
then represent the universe.

1596

01:02:23,310 --> 01:02:25,503  
- That's the hope, yeah.

1597

01:02:25,503 --> 01:02:30,000  
It's also the hope that sometimes  
physics tends to look more

1598

01:02:30,000 --> 01:02:33,060  
and more like a toy in  
the sense that it's often

1599

01:02:33,060 --> 01:02:35,190  
the case that physics looks complicated.

1600

01:02:35,190 --> 01:02:38,220  
And then we find this unifying principles,

1601

01:02:38,220 --> 01:02:41,070  
this idea that there was a electricity

1602

01:02:41,070 --> 01:02:43,590  
and magnetism and there was  
some loss for electricity,

1603

01:02:43,590 --> 01:02:45,387  
some loss for magnets,  
but it was complicated.

1604

01:02:45,387 --> 01:02:47,250  
And then we understood, oh no,

1605

01:02:47,250 --> 01:02:49,710  
they can be combined and  
actually things are simpler.

1606

01:02:49,710 --> 01:02:52,530  
And it's not like we have the electricity

1607

01:02:52,530 --> 01:02:54,360  
and the magnets and so no, no,

1608

01:02:54,360 --> 01:02:56,760  
they really talk to each other  
and there's a single thing,

1609

01:02:56,760 --> 01:03:00,630  
and now it became closer to  
the to than to the real world.

1610

01:03:00,630 --> 01:03:02,910  
And so it's also the hope,

1611

01:03:02,910 --> 01:03:04,830  
but that might be just a dream,

1612

01:03:04,830 --> 01:03:06,720  
that the world can be closer to a toy

1613

01:03:06,720 --> 01:03:08,880  
and that perhaps the fundamental rules

1614

01:03:08,880 --> 01:03:11,100

will link things together that right

1615

01:03:11,100 --> 01:03:13,740

now look very complicated and disparate.

1616

01:03:13,740 --> 01:03:16,440

And that doesn't seem to be a connection

1617

01:03:16,440 --> 01:03:18,030

between the expansion of the universe

1618

01:03:18,030 --> 01:03:20,790

and the mass of the  
electron or whatever, right?

1619

01:03:20,790 --> 01:03:22,710

There are many things in  
physics that look totally

1620

01:03:22,710 --> 01:03:24,840

independent and different from each other

1621

01:03:24,840 --> 01:03:26,610

that maybe once we will understand really

1622

01:03:26,610 --> 01:03:27,660

what are the rules of the game,

1623

01:03:27,660 --> 01:03:30,300

maybe they'll be connected,  
maybe things will be simpler.

1624

01:03:30,300 --> 01:03:33,150

It might be that the  
goal is not create a toy

1625

01:03:33,150 --> 01:03:34,770

and make it more and more complicated,

1626  
01:03:34,770 --> 01:03:37,110  
but understand what are  
the underlying rules

1627  
01:03:37,110 --> 01:03:40,677  
and perhaps the fundamental  
rules will be that (indistinct).

1628  
01:03:42,090 --> 01:03:43,410  
- When we started this conversation,

1629  
01:03:43,410 --> 01:03:45,510  
Lauren admitted that she  
was a little intimidated

1630  
01:03:45,510 --> 01:03:46,920  
because of all the terminology,

1631  
01:03:46,920 --> 01:03:48,360  
you know, quantum field theory.

1632  
01:03:48,360 --> 01:03:51,090  
And I can emphasize that  
I was 10 times more,

1633  
01:03:51,090 --> 01:03:51,923  
a hundred times more

1634  
01:03:51,923 --> 01:03:53,850  
'cause I haven't studied  
physics in university.

1635  
01:03:53,850 --> 01:03:56,310  
Lauren's a quantum scientist  
and she was intimidated.

1636  
01:03:56,310 --> 01:03:58,950  
But I wanna say that just to  
reiterate that your ability



1637

01:03:58,950 --> 01:04:03,060  
to draw pictures verbally and  
then I create them in my head.

1638

01:04:03,060 --> 01:04:04,410  
I don't know what your sculpture looks

1639

01:04:04,410 --> 01:04:06,390  
like of what's possible versus impossible.

1640

01:04:06,390 --> 01:04:09,150  
Mine is a very cool quartz  
crystalline structure.

1641

01:04:09,150 --> 01:04:14,130  
But the idea that you can convey  
these ideas in a clear way,

1642

01:04:14,130 --> 01:04:16,230  
I think it relates to  
your teaching as well.

1643

01:04:16,230 --> 01:04:17,880  
You've done a lot of teaching and outreach

1644

01:04:17,880 --> 01:04:19,350  
and I know that I think you two have

1645

01:04:19,350 --> 01:04:20,790  
worked together before on teaching.

1646

01:04:20,790 --> 01:04:22,350  
Can you talk about what,

1647

01:04:22,350 --> 01:04:25,110  
how you approach teaching these subjects

1648

01:04:25,110 --> 01:04:27,750  
to younger people and you even do outreach

1649  
01:04:27,750 --> 01:04:29,910  
to non-scientists like myself.

1650  
01:04:29,910 --> 01:04:31,650  
- I like teaching very much.

1651  
01:04:31,650 --> 01:04:35,910  
It's one of the most exciting  
things about what we do.

1652  
01:04:35,910 --> 01:04:38,940  
I mean especially the teaching that I do,

1653  
01:04:38,940 --> 01:04:41,824  
which is a huge privilege,  
is that we get to teach,

1654  
01:04:41,824 --> 01:04:46,020  
first of all amazing students  
that are really super excited

1655  
01:04:46,020 --> 01:04:50,820  
about being here and no one  
is studying some particular

1656  
01:04:50,820 --> 01:04:52,140  
physics subject because you have

1657  
01:04:52,140 --> 01:04:53,970  
to get some grades or some credits.

1658  
01:04:53,970 --> 01:04:55,260  
No, people are really excited

1659  
01:04:55,260 --> 01:04:56,896  
and they want to learn physics

1660  
01:04:56,896 --> 01:04:58,620  
because they really are passionate

1661  
01:04:58,620 --> 01:05:02,370  
about understanding how  
nature works the way it works.

1662  
01:05:02,370 --> 01:05:03,270  
Often to teach,

1663  
01:05:03,270 --> 01:05:04,770  
you have to really understand things

1664  
01:05:04,770 --> 01:05:07,620  
in a very deep way if  
you want to simplify it.

1665  
01:05:07,620 --> 01:05:12,240  
It's easier often to protect  
yourself in the math.

1666  
01:05:12,240 --> 01:05:13,800  
Writing equations is easy.

1667  
01:05:13,800 --> 01:05:15,390  
Solving equations is easy.

1668  
01:05:15,390 --> 01:05:16,223  
- Says you.

1669  
01:05:16,223 --> 01:05:17,130  
- No, no.

1670  
01:05:17,130 --> 01:05:18,780  
- But I'm an non-scientist.

1671  
01:05:18,780 --> 01:05:21,068

But I see where you're coming from.

1672

01:05:21,068 --> 01:05:24,450

– But it's something mechanical,  
it's something you learn,

1673

01:05:24,450 --> 01:05:26,520

you have to learn how to do it.

1674

01:05:26,520 --> 01:05:29,354

– Or you learn to ask a computer to do it.

1675

01:05:29,354 --> 01:05:30,625

– Ask the computer to do it.

1676

01:05:30,625 --> 01:05:31,590

– You have to know how to ask the computer

1677

01:05:31,590 --> 01:05:33,960

or know what to ask the computer as well.

1678

01:05:33,960 --> 01:05:36,093

– It's a language, you learn it, right?

1679

01:05:37,346 --> 01:05:40,462

But teaching forces you

1680

01:05:40,462 --> 01:05:44,670

to have a clean picture  
of the fundamentals,

1681

01:05:44,670 --> 01:05:47,970

to not to be lost in the technicalities

1682

01:05:47,970 --> 01:05:50,760

and details that sometimes don't matter,

1683

01:05:50,760 --> 01:05:53,550

but really focus on what is really

1684

01:05:53,550 --> 01:05:54,960

the problem we want to solve.

1685

01:05:54,960 --> 01:05:58,085

What's really simple, what's really hard,

1686

01:05:58,085 --> 01:06:00,750

and I think that's very  
important for a physicist

1687

01:06:00,750 --> 01:06:04,680

to keep some mental sanity is to teach,

1688

01:06:04,680 --> 01:06:06,120

teaching too much is not good

1689

01:06:06,120 --> 01:06:07,680

and you don't have time to do research.

1690

01:06:07,680 --> 01:06:09,510

But teaching a good deal I think is very,

1691

01:06:09,510 --> 01:06:11,340

very powerful and useful.

1692

01:06:11,340 --> 01:06:14,670

In particular when you are  
teaching some of these subjects

1693

01:06:14,670 --> 01:06:17,772

that are not yet in textbooks

1694

01:06:17,772 --> 01:06:19,297

or that are a little bit more advanced,

1695

01:06:19,297 --> 01:06:23,700

you are really often  
going into the unknown,

1696

01:06:23,700 --> 01:06:26,100  
going into the world of  
what is not yet known.

1697

01:06:26,100 --> 01:06:28,380  
And as you try to understand things

1698

01:06:28,380 --> 01:06:31,380  
and try to bring them to the students,

1699

01:06:31,380 --> 01:06:33,090  
you are trying to cleaning it up,

1700

01:06:33,090 --> 01:06:36,510  
purifying it, and really polishing it.

1701

01:06:36,510 --> 01:06:37,770  
And it's really something precious

1702

01:06:37,770 --> 01:06:41,820  
that you are allowing  
yourself to tell someone.

1703

01:06:41,820 --> 01:06:44,460  
And when you explain  
the way you understood

1704

01:06:44,460 --> 01:06:47,920  
some high energy  
collision of two particles

1705

01:06:49,076 --> 01:06:52,200  
and why when these two  
particles hit each other,

1706

01:06:52,200 --> 01:06:54,180

things can fly in all possible directions

1707

01:06:54,180 --> 01:06:56,160  
with all equal probability  
and you understood

1708

01:06:56,160 --> 01:06:57,590  
why was it all equal probability

1709

01:06:57,590 --> 01:07:00,296  
in that particular case and  
you managed to simplify.

1710

01:07:00,296 --> 01:07:02,250  
It's really a magical moment

1711

01:07:02,250 --> 01:07:05,490  
when you manage to get that across.

1712

01:07:05,490 --> 01:07:07,980  
So yeah, it's something transcendental

1713

01:07:07,980 --> 01:07:10,050  
that you go into this  
platonic world of ideas,

1714

01:07:10,050 --> 01:07:12,840  
you drag them down and then  
you give them as a gift.

1715

01:07:12,840 --> 01:07:14,430  
- Earlier in this  
conversation you mentioned

1716

01:07:14,430 --> 01:07:15,930  
how some people in Canada,

1717

01:07:15,930 --> 01:07:18,450  
they amass along the border

so they can be far south

1718

01:07:18,450 --> 01:07:20,400  
for the warm weather, but  
you spend about, what,

1719

01:07:20,400 --> 01:07:22,200  
half your year in Brazil

1720

01:07:22,200 --> 01:07:25,590  
at the South American Institute  
for Fundamental Research.

1721

01:07:25,590 --> 01:07:27,450  
Can you tell us how that came to be

1722

01:07:27,450 --> 01:07:30,180  
and what drew you there?

1723

01:07:30,180 --> 01:07:31,013  
- Yeah, that's true.

1724

01:07:31,013 --> 01:07:33,900  
So I spend a few months every year there.

1725

01:07:33,900 --> 01:07:35,700  
So I go back and forth.

1726

01:07:35,700 --> 01:07:37,290  
So it's convenient.

1727

01:07:37,290 --> 01:07:39,153  
It's the same time zone more or less.

1728

01:07:40,477 --> 01:07:43,530  
So I go with a cloud of  
students typically moving up

1729



01:07:43,530 --> 01:07:46,083  
and down in this strong coupled system.

1730  
01:07:47,610 --> 01:07:49,200  
So indeed I first got to know

1731  
01:07:49,200 --> 01:07:52,470  
this institute in South America,

1732  
01:07:52,470 --> 01:07:55,170  
the goal of this institute that SAIFR

1733  
01:07:55,170 --> 01:07:57,750  
that ICTP SAIFR that you mentioned

1734  
01:07:57,750 --> 01:08:00,690  
is to serve as a hub  
for all of South America

1735  
01:08:00,690 --> 01:08:03,810  
for theoretical physics in South America.

1736  
01:08:03,810 --> 01:08:06,750  
And so what happens in  
practice at this institute

1737  
01:08:06,750 --> 01:08:09,180  
is that you have schools and workshops

1738  
01:08:09,180 --> 01:08:10,980  
and conferences running all the time

1739  
01:08:10,980 --> 01:08:13,410  
with students from all  
over South America going

1740  
01:08:13,410 --> 01:08:17,550  
there for a week or two  
interacting with excited students

1741

01:08:17,550 --> 01:08:20,190

that are really passionate  
about a particular topic

1742

01:08:20,190 --> 01:08:22,560

and say strongly correlated electrons

1743

01:08:22,560 --> 01:08:24,030

and then going back to their

1744

01:08:24,030 --> 01:08:26,250

home institutions in Chile, Argentina,

1745

01:08:26,250 --> 01:08:27,960

Bolivia, et cetera.

1746

01:08:27,960 --> 01:08:29,700

And then a few months later coming back

1747

01:08:29,700 --> 01:08:31,800

to another event that happens there.

1748

01:08:31,800 --> 01:08:34,920

And at some point a  
community starts to emerge.

1749

01:08:34,920 --> 01:08:37,110

You start to know people  
from the various places,

1750

01:08:37,110 --> 01:08:39,090

people that were previously  
totally isolated,

1751

01:08:39,090 --> 01:08:42,150

now they get to meet each other at SAIFR.

1752

01:08:42,150 --> 01:08:45,296  
Top scientists from all over  
the world get to go to SAIFR.

1753  
01:08:45,296 --> 01:08:48,000  
And at the same time you have access

1754  
01:08:48,000 --> 01:08:53,000  
to this huge pool of 400  
million people in South America,

1755  
01:08:53,520 --> 01:08:56,190  
the best of the best  
that start to go there

1756  
01:08:56,190 --> 01:08:58,110  
and they have an opportunity to be exposed

1757  
01:08:58,110 --> 01:08:59,310  
to all these top people and then

1758  
01:08:59,310 --> 01:09:01,410  
eventually come here and join us

1759  
01:09:01,410 --> 01:09:03,510  
at the Perimeter Masters International,

1760  
01:09:03,510 --> 01:09:05,220  
or come here for PhD,

1761  
01:09:05,220 --> 01:09:07,890  
or become future postdocs, et cetera.

1762  
01:09:07,890 --> 01:09:09,780  
So it really serves as a hub not only

1763  
01:09:09,780 --> 01:09:12,540  
to connect everyone in South America,

1764

01:09:12,540 --> 01:09:16,290  
but to connect South America  
to the world more broadly.

1765

01:09:16,290 --> 01:09:18,273  
It's a relatively recent institute,

1766

01:09:18,273 --> 01:09:22,080  
it's like 15 years, at  
the level of what it does,

1767

01:09:22,080 --> 01:09:24,960  
which is organizing this  
schools and workshops,

1768

01:09:24,960 --> 01:09:28,620  
it's already one of the leading  
institutes in the world.

1769

01:09:28,620 --> 01:09:32,910  
I'm Portuguese, which the  
language is the same as in Brazil,

1770

01:09:32,910 --> 01:09:35,430  
more or less the same type of culture.

1771

01:09:35,430 --> 01:09:38,160  
But everything is  
multiplied by 10 in Brazil,

1772

01:09:38,160 --> 01:09:39,030  
people are happy,

1773

01:09:39,030 --> 01:09:41,490  
they are 10 times as happy as in Portugal

1774

01:09:41,490 --> 01:09:44,020  
and people are sad, they  
are 10 times as more

1775  
01:09:45,640 --> 01:09:48,090  
depressed as if they were in Portugal.

1776  
01:09:48,090 --> 01:09:51,000  
So everything in Portugal  
happens, whatever.

1777  
01:09:51,000 --> 01:09:53,130  
I take that I know how  
it works in Portugal,

1778  
01:09:53,130 --> 01:09:55,650  
I multiply by 10 and I get a good feel

1779  
01:09:55,650 --> 01:09:57,090  
of what would happen in Brazil.

1780  
01:09:57,090 --> 01:09:59,640  
So I have a good intuition  
about the culture.

1781  
01:09:59,640 --> 01:10:01,410  
I thought this project,

1782  
01:10:01,410 --> 01:10:06,300  
trying to create this institute  
and grow it was exciting.

1783  
01:10:06,300 --> 01:10:09,180  
I spoke with some people at PI

1784  
01:10:09,180 --> 01:10:12,330  
that encouraged me to try to do it.

1785  
01:10:12,330 --> 01:10:15,810  
We leveraged many of the  
things that we knew at PI

1786

01:10:15,810 --> 01:10:19,980  
to create things that  
are sometimes similar,

1787

01:10:19,980 --> 01:10:21,300  
sometimes different because you have

1788

01:10:21,300 --> 01:10:24,930  
to adapt their different  
way of doing things.

1789

01:10:24,930 --> 01:10:25,920  
But for example,

1790

01:10:25,920 --> 01:10:29,070  
we translated all of the  
outreach material of PI

1791

01:10:29,070 --> 01:10:32,130  
to Portuguese and now to Spanish as well.

1792

01:10:32,130 --> 01:10:33,270  
People from outreach,

1793

01:10:33,270 --> 01:10:37,200  
Greg and friends, went over  
to Brazil several times

1794

01:10:37,200 --> 01:10:42,090  
to give workshops for high  
school teachers and students.

1795

01:10:42,090 --> 01:10:45,690  
I gave several lectures on  
relativity and quantum mechanics

1796

01:10:45,690 --> 01:10:48,030  
on Saturday mornings for high school kids

1797

01:10:48,030 --> 01:10:50,760

that wake up at 4:00

AM to take these trains

1798

01:10:50,760 --> 01:10:55,760

to go to attend this lectures

and understand how space

1799

01:10:56,550 --> 01:10:58,740

and time can morph into each other.

1800

01:10:58,740 --> 01:11:00,540

And so it's lots of fun.

1801

01:11:00,540 --> 01:11:04,680

I think the impact is

huge and can be huge.

1802

01:11:04,680 --> 01:11:08,640

It's obviously super

useful for these students

1803

01:11:08,640 --> 01:11:10,110

that otherwise would not have

1804

01:11:10,110 --> 01:11:12,630

a contact with some researchers

1805

01:11:12,630 --> 01:11:15,420

that are really doing research

in these exciting topics.

1806

01:11:15,420 --> 01:11:19,350

But it's also fantastic

for us that we have access

1807

01:11:19,350 --> 01:11:21,690

to this amazing pool of talent.

1808  
01:11:21,690 --> 01:11:23,010  
When we'll finish this podcast,

1809  
01:11:23,010 --> 01:11:24,810  
I'm going to chat with  
Alessandro that came

1810  
01:11:24,810 --> 01:11:26,250  
from this program and we are going

1811  
01:11:26,250 --> 01:11:28,050  
to try to play a little bit more

1812  
01:11:28,050 --> 01:11:32,070  
with this time models  
that I told you about.

1813  
01:11:32,070 --> 01:11:35,580  
– We did have one more  
question that's less technical.

1814  
01:11:35,580 --> 01:11:37,260  
It's from a young person here in Waterloo,

1815  
01:11:37,260 --> 01:11:39,420  
so maybe we can play that one for you.

1816  
01:11:39,420 --> 01:11:41,400  
– My name's Alice and I'm in grade two.

1817  
01:11:41,400 --> 01:11:45,840  
What would you consider to  
be a good day at your job?

1818  
01:11:45,840 --> 01:11:46,860  
– That's a very good question.

1819  
01:11:46,860 --> 01:11:50,070



So what would I consider to be a good day?

1820

01:11:50,070 --> 01:11:52,380

As you said at some point a lot

1821

01:11:52,380 --> 01:11:56,190

of the work we do in

practice is detective work.

1822

01:11:56,190 --> 01:11:58,500

You are trying to think of many,

1823

01:11:58,500 --> 01:12:01,800

many thought experiments

and try to see could it be

1824

01:12:01,800 --> 01:12:05,820

that this experiment result

1825

01:12:05,820 --> 01:12:08,487

has anything to say about

this other experiment result.

1826

01:12:08,487 --> 01:12:11,460

And you keep trying and 99%

1827

01:12:11,460 --> 01:12:14,460

of the time you are trying out things,

1828

01:12:14,460 --> 01:12:16,740

converting the thought

experiments into equations,

1829

01:12:16,740 --> 01:12:20,100

trying to solve the equations,

simplifying equations,

1830

01:12:20,100 --> 01:12:21,570

not solving the equations you want,

1831  
01:12:21,570 --> 01:12:22,950  
but solving simpler equations

1832  
01:12:22,950 --> 01:12:23,880  
so that later you can solve

1833  
01:12:23,880 --> 01:12:25,770  
the equations you want to solve.

1834  
01:12:25,770 --> 01:12:29,040  
And then some days you crack one of them,

1835  
01:12:29,040 --> 01:12:31,320  
some days it works, you find,

1836  
01:12:31,320 --> 01:12:32,970  
oh this is the right question.

1837  
01:12:32,970 --> 01:12:34,353  
So those are amazing days.

1838  
01:12:35,280 --> 01:12:37,230  
And even better typically  
is when you do it

1839  
01:12:37,230 --> 01:12:39,180  
in the blackboard with someone else.

1840  
01:12:39,180 --> 01:12:41,550  
When sometimes you are,

1841  
01:12:41,550 --> 01:12:42,660  
you are in a blackboard,

1842  
01:12:42,660 --> 01:12:45,393  
then you are thinking we need to,

1843  
01:12:46,230 --> 01:12:48,930  
I dunno, understand the movement

1844  
01:12:48,930 --> 01:12:50,490  
of these gluons when  
they're trying to move

1845  
01:12:50,490 --> 01:12:54,090  
at a speed of light and then  
someone points out well,

1846  
01:12:54,090 --> 01:12:55,620  
but if they are moving all together,

1847  
01:12:55,620 --> 01:12:58,230  
they cannot pass by each  
other, then someone says,

1848  
01:12:58,230 --> 01:13:00,390  
oh maybe that's about counting how things

1849  
01:13:00,390 --> 01:13:02,880  
go when they cannot pass by each other.

1850  
01:13:02,880 --> 01:13:04,749  
Could this be related

1851  
01:13:04,749 --> 01:13:06,300  
to this counting problems of stampedes,

1852  
01:13:06,300 --> 01:13:09,480  
and I think truth has this  
attractor force to it.

1853  
01:13:09,480 --> 01:13:10,710  
It's like a basin,

1854  
01:13:10,710 --> 01:13:13,200

like water swirling around,

1855

01:13:13,200 --> 01:13:14,400  
so sometimes you feel lost,

1856

01:13:14,400 --> 01:13:16,234  
but when you are close to  
something that makes sense,

1857

01:13:16,234 --> 01:13:18,270  
close to something that is,

1858

01:13:18,270 --> 01:13:19,680  
oh that's the right thing,

1859

01:13:19,680 --> 01:13:21,750  
it pushes you towards it.

1860

01:13:21,750 --> 01:13:23,850  
And so there are these moments

1861

01:13:23,850 --> 01:13:25,971  
where you are on the blackboard,

1862

01:13:25,971 --> 01:13:26,804  
and you have this feeling that you

1863

01:13:26,804 --> 01:13:30,270  
are being pushed towards  
truth and that's amazing.

1864

01:13:30,270 --> 01:13:31,513  
That's an amazing feeling.

1865

01:13:31,513 --> 01:13:33,270  
You just go with the flow and it's like

1866

01:13:33,270 --> 01:13:35,190

a dance and each of you are changing ideas

1867

01:13:35,190 --> 01:13:37,710

but you feel like, oh  
we are going somewhere.

1868

01:13:37,710 --> 01:13:41,760

And that feeling of letting  
you flow and you don't,

1869

01:13:41,760 --> 01:13:44,910

you just let go and you will  
eventually get to something

1870

01:13:44,910 --> 01:13:48,030

awesome because you feel  
like you are moving closer

1871

01:13:48,030 --> 01:13:50,520

to something deep is fantastic,

1872

01:13:50,520 --> 01:13:51,750

but often you are just lost,

1873

01:13:51,750 --> 01:13:53,880

you are scattered, you  
are moving left, right,

1874

01:13:53,880 --> 01:13:56,040

left right and then  
suddenly there's this click

1875

01:13:56,040 --> 01:13:59,310

and you feel like you  
found one of these streams

1876

01:13:59,310 --> 01:14:01,893

that will swirl to something true.

1877

01:14:02,790 --> 01:14:03,630  
- Amazing.

1878  
01:14:03,630 --> 01:14:05,250  
Well this has been so much fun, Pedro.

1879  
01:14:05,250 --> 01:14:07,804  
Thank you so much for sharing your time.

1880  
01:14:07,804 --> 01:14:09,930  
I think we're gonna be leaving  
with a lot of new lessons

1881  
01:14:09,930 --> 01:14:12,150  
to ponder and I think we're  
all gonna remember not to let

1882  
01:14:12,150 --> 01:14:15,150  
our rooms get too messy 'cause  
we might create a black hole.

1883  
01:14:16,800 --> 01:14:19,743  
- But if you clean them,  
you are closer to dying.

1884  
01:14:23,222 --> 01:14:26,007  
- So we'll just keep  
the room sort of tidy.

1885  
01:14:26,007 --> 01:14:27,447  
- Yeah, that's good.

1886  
01:14:27,447 --> 01:14:30,480  
(upbeat music)

1887  
01:14:30,480 --> 01:14:31,380  
- Thanks for listening

1888  
01:14:31,380 --> 01:14:33,240

to Conversations at the Perimeter.

1889

01:14:33,240 --> 01:14:34,200

If you like what you hear,

1890

01:14:34,200 --> 01:14:36,090

please help us spread the word,

1891

01:14:36,090 --> 01:14:37,620

rate, review and subscribe

1892

01:14:37,620 --> 01:14:38,940

to Conversations at Perimeter

1893

01:14:38,940 --> 01:14:40,980

wherever you get your podcasts.

1894

01:14:40,980 --> 01:14:43,200

Every review helps us out a lot

1895

01:14:43,200 --> 01:14:45,930

and it helps more science  
enthusiasts find us.

1896

01:14:45,930 --> 01:14:47,830

Thanks for being part of the equation.